



THE UNIVERSITY VILLAGE COMMUNITY RESOURCE GUIDE

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HOSPITALS AND HEALTH CLINICS

Saint Joseph's Regional Medical Center & Family Medicine Center

Address: 837 E. Cedar Street
South Bend, IN 46617
Phone: 237-7338 (after hours, call 237-7338
to be connected to the answering service)

Description: The Family Practice Center at Saint Joseph's Regional Medical Center cares for more than 10,000 patients. In all cases, patients are selected as family units in order to provide the resident physician with the experience of caring for an entire family unit. The philosophy at the Family Practice Center is that the care provided takes into account the spiritual, psychological, sociological and physical needs of patients, regardless of the age, sex, race, religion or ethnic origin. A sliding fee scale is available and is based on the patient's gross income.

The Family Medicine Center functions as a private practice with a separate billing system, full-time business manager and regularly scheduled office hours.

The prenatal care program consists of nine months of prenatal care, delivery and a six-week follow up exam. More than 400 babies are delivered annually through the OB Clinic at the Family Medicine Center.

Memorial Hospital of South Bend

Address: 615 N. Michigan Street
South Bend, IN 46601
Phone: 234-9041

Description: The Regional Center for Mother and Child Care, located in Memorial Hospital, offers prenatal services. Comprehensive service for women, infants and children is offered. Some of the inpatient family centered maternity services include birthing suites, high-risk antepartum unit, mother/baby care center, and newborn intensive care unit. Other services include breastfeeding support and a postpartum home visit, if needed.

Prenatal education classes are also available. These include an early pregnancy class, sibling preparation, vaginal birth after cesarean delivery, cesarean birth, childbirth preparation series, lunch and learn (one-day preparation class), childbirth refresher class, breastfeeding class, parenting

from birth to crawling, and CPR of infants and children. Mother Matters is a support group that meets twice a month and focuses on motherhood issues and postpartum depression. Pastoral care and social services are also available to all families.

Sister Maura Brannick Health Center

Address: 326 S. Chapin Street
South Bend, IN 46601
Phone: 239-5255

Description: Sister Maura Brannick Health Clinic was established to help those in need of medical care who *do not have medical insurance*, including Medicaid and Medicare, and are residents of St. Joseph’s county. The Center is supported by grants, donations and Saint Joseph’s Regional Medical Center. Services are provided by physicians, nurses, and technicians. You must call to place your name on a waiting list for accepted as eligible and established clients, clinic patients are asked to contribute \$5 per clinic visit. This minimal fee covers the doctor’s visit, any blood work and other laboratory tests, and medications as required. Current patients may also receive dental care No one will be turned away from the Center because of their inability to pay.

Indiana Health Centers At South Bend

Address: 1901 Western Ave.
South Bend, IN 46619
Phone: 234-9033

Description: The center offers health care to families on a sliding scale fee basis. *Obstetrical care is provided (pregnancy testing, prenatal care, delivery)* as well as basic care for injuries and illness. A Pediatrician, Internist, OB/GYN, and a Dentist are on staff at the center. Free HIV testing is provided at the clinic. The clinic also acts as a Hoosier Healthwise enrollment center for children and pregnant women.

Proof of income, family size, and local address are all required in order that a fee can be determined. Minimum charge will be at least \$15.

Saint Joseph County Health Department

Address: 9th Floor, County-City Building
(corner of Lafayette and Jefferson)
South Bend, IN 46601

Phone: 235-9783

Description: Immunizations for infants and children cost \$8 for children 2 months to age 19. They are administered daily at the Saint Joseph County Health Department. Families are required to bring a record indicating the dates of previous immunizations. Call the above number for an appointment. Adult vaccines may require a higher fee. Please call with any questions.

Memorial Neighborhood Health Center - Southeast Clinic

Address: 1708 S. High Street
South Bend, IN 46613

Phone: 237-6640

Description: The mission of Memorial Neighborhood Health Center-Southeast Clinic is to provide comprehensive, affordable, quality health and social services for people of all ages and cultural backgrounds. We are dedicated to promoting community health and serving our customers in an effective, safe and confidential manner. Medical services for persons of all ages are provided by a physician. They offer a sliding fee scale.

Indiana University At South Bend Dental Clinic

Address: Riverside Hall, Northside Blvd.
South Bend, IN 46615

Phone: 520-4156

Description: During the school year, September - June, the Dental Hygiene Clinic at IUSB offers such dental service as teeth cleaning and X-rays as part of their training program. Cleaning fees are \$30 for adults and \$15 for children and seniors. Call for an appointment.

SOCIAL SERVICES AND COUNSELING CENTERS

Women, Infants, Children (WIC)

Address: 325 N. Lafayette Blvd.
South Bend, IN 46601

Phone: 234-2360

Description: WIC provides supplemental food assistance for pregnant women and their children up the age of 5. WIC provides food vouchers for those families who qualify under the monetary guidelines.

Real Services Energy Assistance

Address: 1151 S. Michigan St
P.O. Box 1835
South Bend, In 46634

Phone: 574-232-6501

The REAL Services' Energy Assistance Program is a State funded program that assists low-income households with electric and heating expenses during the winter months. Households must be within 150% of the Federal Poverty Guidelines to qualify. Call during business hours for an application.

Saint Joseph County Office of Family and Children

Address: 701 Chapin
South Bend, IN 46601

Phone: 236-5300

Description: The St. Joseph County Office of Family and Children administers various financial assistance programs for the County. Several of these programs provide medical assistance such as Hoosier Healthwise insurance for low-income children, Healthy Indiana Plan coverage for low-income adults (<http://www.in.gov/fssa/hip>), and food stamps for low-income households. Each family is required to provide proof of income, assets, and resources. Most services are limited to US citizens, which includes American-born children of international students. Applications are available on a walk-in basis.

Saint Vincent De Paul Society

Address: 3408 Ardmore Trail
South Bend, IN 46628
Phone: Thrift Store: 234-6000
Referral Services: 234-6211

Description: The Saint Vincent de Paul Society provides emergency assistance to low-income families in need of household items, clothing and furniture (including maternity/baby clothing and furniture). Emergency financial assistance is also provided for rent, utilities, or other needs. Please call the Referral Office, as shown above, to make an appointment for a home visit by an agency volunteer to assess individual needs.

The Thrift Store is available to provide low-income families (and other bargain-hunters) with an inexpensive place to shop for clothing, furniture, appliances, toys and other household items. Donated goods are always welcome; all proceeds are used for our services to the needy of the community.

The Christ Child Society

Address: 1124 W. Thomas Street, P.O. Box 1286
South Bend, IN 46624
Phone: 288-6028

Description: The Christ Child Society provides new layettes for newborns and clothing for children up to the age of 12. The layette includes a sweater set, receiving blankets, kimonos and some disposable diapers. The children's wardrobe consists of a shirt, one pair of pants, socks, underwear, a jacket, a hat, one pair of mittens, and tennis shoes. If a child is in dire need of clothes, used clothing can also be provided. Please call to find out what identification and referral document is needed to qualify for services.

Women's Care Center

Address: 2004 Ironwood Circle
South Bend, IN 46535
Phone: 273-8986

907 E. LaSalle Ave.
South Bend, IN 46617
Phone: 234-0363

24-Hour Hotline: 234-0363

Other locations in Mishawaka, Plymouth, Elkhart, and the south and west sides of South Bend.

Description: *The Women's Care Center offers on-site pregnancy testing and initial prenatal care. They also provide maternity clothing, baby clothing and supplies, and other supportive services for pregnant women and new mothers as well assistance for getting help at over 30 community agencies. All Services are FREE and CONFIDENTIAL.*

Family & Children's Center Inc.

Address: 1411 Lincoln Way West
Mishawaka, In 46544-1690
Phone: 259-5666

Description: Family and Children's Services offers counseling, case work and educational programs designed to strengthen and preserve the quality of individual and family life. A family systems model is used which focuses on clients in the context of their family and social system. Counseling fees are based on income.

Catholic Charities

Address: 1817 Miami Street
South Bend, IN 46613
Phone: 234-3111

Description: Catholic Charities is a voluntary, private community resource that helps to meet needs in the area of social welfare for families. They offer a variety of services which include: supportive counseling for adoption and pregnancy, and information on community day care, social justice ministry, and refuge resettlement, and immigration. Spanish speaking counselor available.

Samaritan Counseling Center (Located at Christ the King Lutheran Church)

Address 17195 Cleveland Rd
South Bend, IN 46635

Phone: (574) 277-0274

Description: Samaritan Counseling has been able to offer counseling at affordable rates--typically about two-thirds the cost of other providers. They are familiar with the needs of those seeking help with marriage problems, family issues, anxiety, depression, stress, grief and other life concerns. Individual, Couple and Family counseling. Sliding scale fee.

<http://community.michiana.org/counsel/>

University of Notre Dame Counseling Center

Address: University Health Services Building, 3rd Floor
University of Notre Dame

Phone: 631-7336
24-hour emergency coverage

Description: The University Counseling Center offers a broad range of services to all degree-seeking students at the University. Each semester a variety of workshops are offered. Services at the UCC are offered on a minimal fee scale - \$4 per session. If fees pose a problem, arrangements will be made. There is no charge for the initial appointment.

University of Notre Dame Marital Therapy & Research Clinic

Address: 18965 Douglas Road
100 Paris House
Notre Dame, IN 46556

Phone: 631-9640

Description: The purpose of the Clinic is to provide a non-profit center for: a) research, b) training, and c) service. The Clinic seeks to provide quality, confidential, research-supported, psychological services in the context of a collaborative and caring relationship with our clients. Therapy couples are not required to participate in any of the Clinic's ongoing research studies. Services are by appointment only. Individual and couple therapy sessions are usually scheduled for fifty minutes every week. Initial intake sessions are two hours. The cost is \$10 per session.

Home Management Resources

Address: 1201 Northside Boulevard
South Bend, IN 46615

Phone: 233-3486

Fax: 234-7220

Description: Home management resources combines one-on-one mentoring and role modeling with up-to-date skills training and information in order to give family members the courage and ability to change. The foundational course, (Family Life Seminar) trains each student in the essential skills needed to manage a family: personal growth, healthy attitudes, healthy lifestyle, family finances and family relationships. There is a \$25 fee for each seminar. Payment plans are available. New classes start every fall and spring and are offered during the day and in the evening. Call during office hours to enroll.

Saint Joseph County Right to Life, Inc.

Address: 320 N. Lafayette Boulevard
South Bend, IN 46601

Phone: 232-5433

Fax: 232-4793

Email: prolife@michiana.org

Description: St. Joseph County Right to Life provides referrals to local agencies that can provide clothing, diapers, and food. They also provide educational materials and information on pro-life legislation at the national, state, and local levels. It maintains a library in an effort to promote respect for life.

Schools

Notre Dame ECDC (ages 2-K)

10 Child Care Center

Notre Dame, IN 46556

574-631-3344

Notre Dame offers an outstanding preschool and kindergarten for children associated with the Notre Dame Community. Tuition is assessed based on the income of the parents. More information is available at:

<http://www.nd.edu/~ecdcnd/>

Public Schools (see following pages for details)

South Bend School District

215 South St. Joseph Street

South Bend, IN 46601

574-283-8000

<http://www.sbcsc.k12.in.us/>

Private

There are a number of private schools (including montessori and parochial) in the South Bend area, many of which are listed on the link below.

<http://www.southbend.com/Education.shtml>

Homeschool

State homeschool requirements can be found at

<http://www.doe.state.in.us/sservices/homeschool.html>

If you have any questions concerning schooling options for your children, please contact the Village office at 574-631-9145.

South Bend School District (Public)

Primary/ Elementary Schools (grades K-4)

<http://www.sbcsc.k12.in.us/pz-primary.htm>

Darden Primary Center

18645 Janet St.

South Bend, IN 46637-4699

574-243-7335

Darden is the school that covers our area, and children within this age range will automatically be assigned to this school unless they are accepted into a Magnet program, or have a request approved to transfer elsewhere.

Darden is a very good public school attended by many children within the Village.

<http://www.sbcsc.k12.in.us/school-darden-prim.htm>

Madison Primary Center

832 N. Lafayette Blvd.

South Bend, IN 46601-1010

574-283-8325

Madison is an excellent choice for children coming to Notre Dame without a strong English language background. Request needs to be made through the school district (574-283-8000) for a child to be assigned to Madison rather than Darden.

<http://www.sbcsc.k12.in.us/school-madison-prim.htm>

Kennedy Primary Academy

609 N. Olive St.

South Bend, IN 46628-2234

574-283-7435

Kennedy is a Magnet school (meaning students are drawn from the entire school district to attend) focused on more a rigorous academic curriculum. Interested parents must fill out an application (due in early December) and students will be tested during the spring for admission the following year.

<http://www.sbcsc.k12.in.us/pz-primary.htm>

Tarkington Traditional School

3414 Hepler Rd.

South Bend, IN 46635-2019

574-243-7210

Tarkington is also a Magnet school, focused on high academic standards, student responsibility, and parental involvement. Interested parents must fill out an application (due in early December) and students will be tested during the spring for admission the following year.

<http://www.sbcsc.k12.in.us/pz-primary.htm>

Intermediate/Middle Schools (grades 5-8)

<http://www.sbcsc.k12.in.us/pz-intermediate.htm>

Clay Intermediate Center

52900 Lily Rd.

South Bend, IN 46637-3299

574-243-7145

Clay is the school that covers our area, and children within this age range will automatically be assigned to this school unless they are accepted into a Magnet program, or have a request approved to transfer elsewhere. Clay has strong academic, social, and athletic programs.

<http://www.sbcsc.k12.in.us/school-claymiddle-int.htm>

LaSalle Middle School

2701 W. Elwood Ave.

South Bend, IN 46619-1699

574-283-7500

LaSalle is a Magnet school (meaning students are drawn from the entire school district to attend) focused on more a rigorous academic curriculum. Interested parents must fill out an application (due in early December) and students will be tested during the spring for admission the following year.

<http://www.sbcsc.k12.in.us/pz-intermediate.htm>

High Schools (grades 9-12)

South Bend has recently instituted a Magnet program within each high school, focused on different educational areas, and students are able to request any of the four area high schools. For more information, please visit

<http://www.sbcsc.k12.in.us/pdf-files/CourseDescriptions.pdf>

Clay High School

19131 Darden Rd.

South Bend, IN 46637

574-243-7000

<http://www.sbcsc.k12.in.us/clayhigh/index.htm>

Health, Vision, and Dental Insurance

Student

Notre Dame Health Insurance

Notre Dame offers a student Health Insurance plan that is comparable in price and coverage to most private insurance plans. In addition, the Graduate School generally offers many students a stipend to cover a portion of their health care premium for the year. As a result, most Notre Dame graduate students choose to be covered by the University-supported health plan.

http://uhs.nd.edu/html/insure_bill.html

Spouse

Notre Dame Health Insurance

Because premiums tend to be cost prohibitive for spouses and children to be insured through Notre Dame, most student families do not choose this option. For more information, please see

http://www.nd.edu/~stdacct/Rates/rates_insurance.shtm

http://uhs.nd.edu/html/insure_bill.html

Hoosier Healthwise

The Hoosier Healthwise Program is a health care program for low income families, pregnant women, and children. The program is sponsored by the state of Indiana through Family and Social Services Administration, and covers such medical care as doctor visits, prescription drugs, mental health care, dental care, hospitalizations, surgeries, and family planning at little or no cost. For more information or to determine your eligibility, go to

<http://www.healthcareforhoosiers.com/index.html>

Healthy Indiana Plan

Indiana is offering low-cost health insurance for low-income adults (under \$40,000 for families of four). The adult must be uninsured for 6 months prior to signing up and can not have insurance available to them by their employer. Any premiums that families pay for Hoosier Healthwise for children are deducted from the parents' premiums.

Applications became available in December 2007, and they can be printed off at <http://www.in.gov/fssa/hip/>

Private Insurance

Many spouses do not qualify for Hoosier Healthwise when they are not pregnant, or have not been uninsured for six months, choose instead to purchase private health insurance. Many good policies are available at <https://www.ehealthinsurance.com/>

Children

Hoosier Healthwise

The Hoosier Healthwise Program is limited to US citizens (including all American born children.) This is a health care program for low income families, pregnant women, and children. It is sponsored by the state of Indiana through the Family and Social Services Administration. The program covers such medical care as doctor visits, prescription drugs, mental health care, dental care, hospitalizations, surgeries, and family planning at little or no cost. For more information, go to <http://www.healthcareforhoosiers.com/index.html>

Private Insurance

Children who do not qualify for Hoosier Healthwise based on their parents' income can be insured through private health insurance. Many good policies are available at <https://www.ehealthinsurance.com/>

International Students

International students are subject to different rules and restrictions than students who are United States citizens. For more comprehensive information, please see the ISSA website at::

<http://issa.nd.edu/arrival/health-care-and-insurance>

Dental and Vision

The Notre Dame student health plan does not include dental or vision coverage. Insurance or discount plans for these services can be purchased separately. One good resource, particularly for dental discount plans, is

<https://www.ehealthinsurance.com/ehi/dental-insurance.ds>