

Resident Assistant.com Icebreakers and Teambuilders

Beach Ball Icebreaker

Fun icebreaker game where a beach ball is thrown around the room and whoever catches it answers the question that their right or left thumb is touching. This activity requires a good bit of prep the first time (writing all of the questions on the ball in permanent marker)

Instructions

Get a large inflatable beach ball and use a permanent fine or medium point marker to write all of the following questions on it. This will take quite some time, but you can do it some night in front of the television. The resulting tool is an "icebreaker ball" that you can use for years to come.

You can use it in a large group and throw it around. The person who catches it has to answer the question touching their left thumb. They then say their name, answer the question and throw it to someone else.

You may also choose to use these questions as conversation starters in other types of games.

The following questions are simply suggestions. You can add more serious or in depth questions, depending upon the level of ice breaker you want this to be:

1. If you talking your sleep, what would you say?
2. What is the first thing you do when you get out of bed?
3. What is your favorite movie line?
4. Approximately how many jokes do you know by heart? And tell us your favorite.
5. What do Martians do for fun on Mars?
6. If you were to treat yourself to the "finer things" what would you treat yourself to?
7. If your life was being turned into a feature length movie, who would play you? And why?
8. Where is the worst place you've ever been stuck waiting?
9. What is your "15 minutes" of fame?
10. If you were invisible where would you go?
11. What's your favorite flavor of Jelly Bellys?
12. What song reminds you most of a past or present relationship?

13. Approximately, how many books have you read in the past year (excluding school book)?
14. Fill in the blank: When I dance, I look like _____.
15. What is the longest word you can think of?
16. If you could be a famous actor, writer, athlete, artist or musician, which would you choose and why?
17. What two television channels do you watch most frequently?
18. What is your greatest phobia?
19. If you were given a canvas and water colors, what would you paint?
20. What celebrity irritates you the most?
21. Other than the standard items (credit cards, money, drivers license, etc.), what interesting items do you keep in your wallet/purse?
22. If you owned an enormous yacht, what would you name it?
23. What is the scariest movie you've ever seen?
24. How many minutes does it take you to get ready in the morning?
25. What hobby have you always wanted to pick up?
26. If you could be a member of a TV sitcom family, which would it be?
27. What is it about you that people find irresistible?
28. If you were any animal, what would you be?
29. What event or technological breakthrough do you think will revolutionize the future?
30. What do you need more of right now??
31. What is the most beautiful word you can think of?
32. What three adjectives best describe you?
33. If you were on a desert island what two books would you want with you?
34. What is the first thing you notice when you meet someone?
35. What is your favorite book growing up?
36. What is the most common compliment people give you?

37. What is the best purchase you've ever made?
38. If you could add any word to the dictionary what would it be?
39. What commercial product would you refuse to endorse?
40. What is your favorite pet name?
41. What is the longest period of time you have spent in a car?
42. What is the best costume you ever wore for Halloween?
43. What latest trend simply baffles you?
44. What would you like your nickname to be?
45. What song do you keep hearing over and over and over again?
46. What are you most proud of?
47. What's the best advice you're ever received?
48. What song reminds you most of the 80s?
49. What do you regard as the most repulsive form of music?

My Tunes

Description: This is a really fun Icebreaker to do with a group of kids. Is also very funny to watch. You can either do it when they are first meeting, or after they know each other a little bit.

Instructions: Gather the group in a circle. Start with one person in the middle, works best if it's you so you know what is going on. Explain that during the game there is going to be one person in the middle, this person will think of their favorite song-or line from a song and then they will go around the circle, singing, or humming and dancing to that song. When they stop the person that they are in front of needs to then go into the middle and do the same thing. You can just continue until everyone gets a chance to go around the circle. Make note of the songs people choose, it's a nice way to learn something about them, like what music they like. You might even want to write them all down and then create a Mix CD for the residents later on in the semester.

Lyrical Endurance (Music Knowledge, Icebreaker/Teambuilder)

In this teambuilder/energizer, the group is divided into teams, ideally with two or more individuals in each team. This can be done with small groups, but is great for a large group of 15 or 20 individuals.

The facilitator explains that she or he is going to select a word, and each team has 10 seconds to sing at least one line from a song with that word. Once they do that, the next team has 10 seconds to sing a different song with that word, and so it goes until a team fails to come up with a song within the 10 seconds allotted. Toward the end, you can reduce the time to 5 seconds to speed things up.

No songs may be repeated. If a team starts to sing a song that has already been sung, or are unable to come up with a song in the time allowed, they are eliminated from the competition.

All you need for this is a list of words (you can typically make these up on the fly, which makes this a great icebreaker to keep in your back pocket when you haven't prepared anything).

Suggested words: love, heart, sky, blue, dance, hurt, sun, girl

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http://www.residentassistant.com/one/index.php?option=com_jreviews&Itemid=225