

The
LONDON SURVIVAL GUIDE
SUMMER 2012



NOTRE DAME
LONDON LAW PROGRAMME

TABLE OF CONTENTS

I. INTRODUCTION TO THE PROGRAM	6
SUMMER LONDON LAW PROGRAM	6
II. THE PROGRAM AND THE PREMISES	7
THE BUILDING	7
FACILITIES	8
Mail	8
Building Access	8
Libraries.....	8
Computers	8
Internet Access.....	8
COURSE DESCRIPTIONS & FACULTY.....	9
TEXTBOOKS.....	9
EMERGENCY & COUNSELING SERVICES.....	9
III. PREPARING FOR LONDON	10
IMMIGRATION	10
HEALTH INSURANCE.....	10
WEATHER.....	11
ELECTRICITY	11
TRANSPORTATION TO LONDON.....	11
Flights to London	11
Discount Fares	12
IV. ARRIVAL IN LONDON	12
TRAVEL FROM THE AIRPORT.....	12
From Heathrow	12
Heathrow Express.....	12
Heathrow Connect	12
London Underground (Tube)	13
London Transport N9 Night Bus	13
SkyShuttle Airport Transfer.....	13
Black Cabs (taxis)	13
From Gatwick.....	13
Gatwick Express	13
First Capital Connect	14
Southern	14
From Stansted.....	14
Stansted Express	14
From Luton.....	14
First Capital Connect	14
Bus and Coach Services.....	14
From London City.....	14

Tube/Docklands Light Railway (DLR)	14
Black Cabs (taxis)	15
From All Airports.....	15
Airport Transfers and Minicabs	15
Useful Websites.....	15
V. LIVING IN LONDON	15
HOUSING	15
Cost.....	16
Amenities.....	16
Check-in/out.....	16
Internet Access.....	16
PUBLIC TRANSPORTATION (TUBE, BUS, DLR, NATIONAL RAIL)	16
Oyster Cards.....	17
Discounted Rail Cards.....	18
Young Person's Railcard	18
Family & Friends Railcard.....	18
Useful Resources.....	19
Helpful Translations.....	19
MOBILE PHONES & INTERNATIONAL CALLING.....	19
Skype.....	19
Ekit.....	19
Mobile Phones.....	20
Skype Phone.....	20
O2	20
Orange	20
3 Store	20
T-Mobile.....	20
Phones 4 You	20
Asda.....	21
Tesco	21
SHOPPING.....	21
Retail - Individual Stores.....	21
Harrod's	21
Primark.....	21
Argos.....	21
Retail - Malls & Shopping Areas.....	21
Oxford Street and Regents Street.....	21
London Trocadero.....	22
Whitely's	22
Bluewater	22
Bicester Village	22
Groceries.....	22
Waitrose.....	22
M&S	22

Tesco	22
Spar	22
Markets.....	22
Portobello Road	22
Borough Market	23
Camden Market.....	23
Spitalfields	23
Covent Garden.....	23
DINING.....	23
Cheap Eats.....	23
Café Canova	23
Tossed	24
Pizza Hut.....	24
Nandos.....	24
Tortilla	24
Pub Food.....	24
Waxy's	24
Vegetarian.....	24
Hummous Bros.....	24
Indian/Pakistani/Middle Eastern.....	24
Imli	24
Brick Lane	24
East Ham	24
Edgware Road	24
Tooting Broadway	25
Asian.....	25
Mango Tree.....	25
Miso	25
Spanish and Mexican.....	25
La Tasca	25
Café Pacifico.....	25
Italian.....	25
Spaghetti House	25
Bella Italia	25
Dining Guides.....	25
ENTERTAINMENT	26
General Entertainment Guides	26
Theatre	26
Musical Theatre (West End)	26
Plays	26
Opera, Dance, Ballet.....	27
Music, Dance, Visual Arts	27
Concerts.....	28
O2 Arena	28
Cinemas.....	28

Prince Charles Cinema	28
IMAX Cinema	28
Museums	28
Television/Movies.....	29
Pubs and Clubs	29
O'Neils	30
Waxy's and Waxy's Little Sister	30
Guanabara	30
AROUND TOWN	30
Tours/Sightseeing.....	30
New London Walking Tours.....	30
Fat Tire Bike Tours	30
Thames River Cruises	31
London Eye.....	31
Food & Drink.....	31
The Orangery.....	31
Vinopolis	31
Recreation	32
Queens Bowl & Skate	32
Roller Disco	32
Other Notable Sites	32
Buckingham Palace	32
Tower of London	32
Westminster Abbey.....	33
London Dungeon	33
VII. RECOMMENDED READING	33
INSIGHTS INTO BEING A FOREIGNER IN ENGLAND	33
SOCIAL AND POLITICAL HISTORY.....	33
LONDON INFORMATION.....	34

I. INTRODUCTION TO THE PROGRAM

SUMMER LONDON LAW PROGRAM

The Summer London Law Program is a six-week program fully accredited by the American Bar Association. Although you may enroll in the program during either summer in law school, many students opt to participate after completing their first year. Notre Dame Law students in the program receive full credit for their courses taken in the summer program, and law students from many other institutions have also received a full transfer of credits (subject to prior approval from your home institution). Roughly eight courses are offered for a total of 20 hours of academic credit in the summer.

Students may enroll in courses up to a maximum of six hours of credit. One benefit of the summer program for Notre Dame students is that students are then able to take-on a lighter course load during their second year. Another benefit is that students able to work a half-summer internship before enrolling in the Summer Law Program and still experience a significant taste of the second-year law program in London. Some students elect to do *both* Summer Law Program and the year-long program (ND students only; ABA regulations allow only up to 30 credits to be transferred back to the home campus); however, courses taken during the summer cannot be repeated during the remainder of the academic year.



University of Notre Dame
1 Suffolk Street
London
SW1Y 4HG

Tel : 020 7484 7800
Fax : 020 7484 7852



II. THE PROGRAM AND THE PREMISES

The address of the London Law Centre is:

**University of Notre Dame
London Law Centre
1 Suffolk Street
London SW1Y 4HG**

Tube:

- **Charing Cross (Northern and Bakerloo lines)**
- **Piccadilly Circus (Piccadilly and Bakerloo lines)**
- **Embankment (Northern, Bakerloo, Circle and District lines)**
- **Leicester Square (Piccadilly and Northern lines)**

Telephone:

020 7484 7800 (Reception)

020 7484 7821 (Law Administration)

If dialed from the United States: 011-44-20-7484-7821¹

The building is open every day from 8:30am to 11:00pm

THE BUILDING

The official name for the Suffolk Street building is Marian Kennedy Fischer Hall. Located near Trafalgar Square, the building has some 27,000 square feet of usable space. The building was constructed in 1906, for the United Universities Oxford and Cambridge Club. Many of the original features of an elite gentlemen's club remain, including an impressive staircase, mahogany doors to the main rooms, intricate ceiling moldings, and ornate fireplaces.

The Law Office does not accept personal calls for students, other than in emergencies, and does not take messages.

¹ For international dialing, the first digits (here "011") are required to signal that the call is an international one. The "011" is the international dialing code for calls placed from the United States; the code is different in other countries. The second digits (here "44") are the country code. The "44" is the country code for England, from all countries in the world. The third digits (here "20") are the city code -- sometimes the city code is combined with the country code, so be sure you ask before dialing. For calls to London from overseas, the city code is -- "20"; if the calls were made from within England, you would have to dial "020" -- the initial "0" is not used on calls from overseas. The convention is to place a plus sign (+) in front of the number to indicate that the caller is first to dial the access code in their own country, followed by the numbers shown. For example, here the listing would be +44 20 7484 7821.

FACILITIES

❖ **Mail**

You may have your mail addressed to the Law Centre. You should realise that because this is a commercial address, the mail may not be as secure as if delivered to a personal address. Be sure that your address includes "London Law Centre," to help direct the mail sorters.

❖ **Building Access**

Students from the home campus need their ND student ID card to enter the building. Anyone who does not have a card will be issued a swipe card and PIN number to gain entrance into the building (£10.00 deposit required).

❖ **Library**

The law library has a small, but significant collection of books. In addition to a collection of the most recent federal materials, there are limited collections of periodicals and treatises.

❖ **Computers**

There is a computer lab for law students. There are eight Windows-based machines, with printer. These machines provide access to email services as well as the web. Both the library and classrooms have points for computer access and most of the building is equipped with wireless technology.

❖ **Internet Access**

The primary purpose of providing internet access is to allow you to browse the web for research and studying, have access to e-mail (preferably web based) and use your instant messaging applications.

The use of file sharing clients such as LimeWire, Kazaar or any other 'BitTorrent' clients is **not permitted**. Anyone found to be using such software applications will have their internet access summarily revoked.

Your wireless internet access is provided through a shared connection. Therefore, users are required to act with responsibility and consideration towards other users in the building. For example, please avoid downloading very large files - movies, TV programmes and the like - and be aware that that sort of internet activity will adversely affect the performance of other users' connections.

The London Program reserves the right to disconnect from the network anyone found to be involved in criminal internet activity or excessive downloading to the detriment of other users' internet experience.

JANET Acceptable Use Policy

In addition to the above stated policy Internet access is provide through an

agreement with JANET. You are therefore bound to JANET's acceptable use policy as well. The policy can be found at the following link:

<http://www.nd.edu/~londonit/>

COURSE DESCRIPTIONS & FACULTY

Course and faculty descriptions are available on the London Programme website available at <http://law.nd.edu/academic-programs/jd-study-in-london/summer-in-london>

TEXTBOOKS

There are a variety of options for purchasing textbooks with locations close to the Law Centre:

- **Blackwell's Bookstore**
<http://bookshop.blackwell.co.uk>
10% Student Discount with Student ID.
- **Foyle's Bookstore**
www.foyles.co.uk
10% Student Discount with Student ID.
- **Waterstones**
<http://waterstones.com/waterstonesweb/>
There is a large store on Piccadilly and a branch at London School of Economics on Portugal Street.
- **Wildy & Sons**
www.wildy.com
A specialist legal bookshop.
- **Amazon**
www.amazon.co.uk

Various course books are on reserve in the law library. Some second hand books may be available from the Law Programme Administration Office. Summer students in the same courses have also opted to purchase one book to share among themselves, where possible.

EMERGENCY AND COUNSELING SERVICES

Emergency, Fire, Police, Ambulance	999
Alcoholics Anonymous	020 7833 0022
Citizen's Advice Bureau (legal advice)	08444 111 444
Rape Crisis Helpline	0808 802 9999

III. PREPARING FOR LONDON

✓ CHECKLIST

- ☑ IMMIGRATION
 - Make sure you have your Passport and any Visa applications are prepared according the required deadlines
- ☑ TRANSPORTATION
 - Book Flights to London
 - Determine if you Qualify for any student discount cards
- ☑ HEALTH INSURANCE
 - Medical insurance as stated below
- ☑ PACKING
 - Note that airlines are particularly restrictive of the amount of baggage allowed per passenger

IMMIGRATION

❖ **Passports**

If you do not have a passport or need an old passport renewed, visit your local post office or a passport office if you live in a major metropolitan area. If you already have a passport, check to see if it is valid for your entire length of study. A passport should be obtained as soon as possible to avoid the summer rush.

HEALTH INSURANCE

Participants in the Notre Dame Summer London Law Program are required to have medical insurance coverage. If you do not have a medical insurance plan already, you

must participate in the plan administered by HTH Worldwide. We encourage you to complete the required application no later than May 15.

HTH Worldwide – Medical Insurance
HTH Insurance Enrollment Form

As a participant in the Summer London Program, you may also be interested in taking advantage of the services provided by AIG Assist. There is no cost for these services.

AIG Assist – Travel Assistance Services

WEATHER

While weather in London can be quite warm and even hot during the summer months, it is not uncommon to have some drizzly, chilly weeks during the summer. Make sure to bring an umbrella and some light layers, including a jacket or coat, for inclement weather.

ELECTRICITY

The electrical current in the U.K. is different from the U.S. The U.S. current is 110 volts and 60 Hz while the U.K. current is 220/240 volts and 50 Hz. You might want to consider not bringing items that require transformers and buying them here instead (blow dryers and curling irons). A transformer here will cost anywhere from £15 to £75 with most being around £30-£35 (that's over \$50). You'll also need an adapter as well, because U.K. plugs and sockets are of a different size. Furthermore, not all products function well (or at all) with transformers and you'll need different ones for different appliances depending on their size and strength. When adapters blow they often fry the appliances with them and can even cause a fire. A better idea may be to bring a full set of rechargeable batteries in different sizes and buy a battery charger in the U.K. This will only set you back around £10 and you completely avoid the risk of ruining your equipment with a faulty adapter. If you need to buy minor domestic appliances there is a store called Argos (rather like Service Merchandise) within walking distance of the school near Tottenham Court Road tube station.

TRANSPORTATION TO LONDON

❖ **Flights to London**

Many flights from around the world arrive into London each day. The challenge is in getting the best airfare. The best advice is to start early and be diligent. Different airlines will offer different rates on the same route. Call around, be flexible and do not be afraid to ask for prices on a different day or time. For example, often Mon-Thurs fares are cheaper than the Fri-Sun flights. Checking national newspapers for fare deals and shopping around travel agents both help to locate the best fare. Also check with your local travel agent concerning APEX

fares, reduced-tariff tickets which must be purchased well in advance. These have varying lengths of duration and are generally non-transferable.

A useful website for securing discounted student rates on flights is: www.studentuniverse.com (operated by Orbitz). STA Travel also offers student tickets at www.statravel.com. Beware that the branch offices typically offer different fares than the website, so it might be a good idea to check both sources.

❖ **Discount Fares**

Full-time students, and anyone under twenty-five may be eligible to purchase reduced fare tickets.

To obtain reduced fares you may need to have an **ISIC card (International Student Identification Card)**. Not only is an ISIC helpful in finding cheaper airfares, but is also necessary when purchasing discounted student bus and train tickets and to qualify for student prices at museums, theaters, and other events in England and throughout Europe.

The ISIC can be obtained at the Notre Dame home campus (at Anthony Travel, in LaFortune Student Center), at any CIEE Travel Office, at any STA Travel office, or in London. The card costs approximately £7.00; you will need a passport-sized photograph.

If you are unable to obtain an ISIC before arriving in London, you can purchase one at Campus Travel, 52 Grosvenor Gardens, London SW1 (Tube: Victoria) or at any Council Travel, Poland Street (Tube: Oxford Circus) or STA Travel.

IV. ARRIVAL IN LONDON

TRAVEL FROM THE AIRPORT

❖ **From Heathrow**

▪ **Heathrow Express**

www.heathrowexpress.com

Heathrow Express trains **leave every 15 minutes** (between 05:30 and 23:48), traveling directly from **Heathrow to Paddington Station in 15 minutes**. A one-way trip costs £18.00 (online), £19.00 (ticket machine/office) and £23.00 (on the train).

- **Heathrow Connect**
www.heathrowconnect.com
 Heathrow Connect trains leave every **30 minutes** give you direct access to the following local stations: Hayes, Southall, Hanwell, West Ealing, Earling Broadway, and Paddington with **25 minute travel time to Paddington**. A one-way trips costs £9.10 to Paddington. All National Railcards are accepted on the Heathrow Connect and discounts are available with Young Persons Railcards and Family & Friends Railcards.
- **London Underground (Tube)**
www.tfl.gov.uk/tube/
 The Tube is likely to be the cheapest and most convenient way to arrive into London. Follow the signs to the Underground (Tube) and take the Piccadilly Line which will take you about one hour to get into central London. Change to the Jubilee line at Green Park station to continue to Waterloo (for Conway Hall). The Oyster Card fare is £5.30 for a one-way ticket, so you will probably want to purchase an **Oyster Card** or weekly pass at this time (see “PUBLIC TRANSPORTATION” below). Travel on the underground may not be a good option if you have a lot of luggage but it is cheap and there is a frequent service which takes you close to Suffolk Street or Conway Hall.
- **London Transport N9 Night Bus**
 Between midnight and 5.30am, the **N9 night bus** runs every 30 minutes to Central London (Trafalgar Square). Journey time is approximately 1 hour. For more information visit the Transport for London website. Standard bus fares apply (£1.35 Oyster/£2.30 cash) and Travelcards are accepted.
- **SkyShuttle Airport Transfers**
www.skyshuttle.co.uk
 Email: reservations@skyshuttle.co.uk
 Luxury shared shuttle transfer to London Hotels for approximately £25.00. Contact SkyShuttle for details.
- **Black Cabs (taxis)**
 The most expensive but perhaps most convenient way of getting into central London is by black cab. The ride will cost you approximately £60 and takes approximately 45 to 60 minutes. Only licensed taxis (black cabs) can pick up passengers on the street. Minicabs are generally cheaper must be booked in advance. Any minicab driver who picks up customers without a booking is acting illegally. For information on booking a minicab see the information below under the heading: ‘From All Airports – Airport Transfers and Minicabs’

❖ **From Gatwick**

▪ ***Gatwick Express***

www.gatwickexpress.com

This rail service between Gatwick to Victoria Station is the most direct way of traveling into central London from Gatwick airport. Trains **leave every 15 minutes** with a **travel time of 30 minutes**. Tickets cost £18.90 and can be purchased at the station or on the train using cash or a credit card. Discounts available with Railcards. However, unless you are in a hurry either of the two rail alternatives below is almost as quick and cheaper.

▪ ***First Capital Connect***

www.firstcapitalconnect.co.uk

Another rail option is to take the First Capital Connect service to/from Gatwick. This service runs to London Main Rail stations and may stop at a few Tube stops along the way. Fares start from £9.90. Please note that you may be required to change trains.

▪ ***Southern***

www.southernrailway.com

Southern trains run to London Bridge and Waterloo and generally stop at other stations along the way, which may be more convenient than an express service. Fares start from £12.10. Please note that you may be required to change trains.

❖ **From Stansted**

▪ ***Stansted Express***

www.stanstedexpress.com

Stansted Express is the quickest way into Central London. Trains leave Stansted Airport from 5:30/6am to 12:30/1:30am. Trains run **every 15 minutes** (every 30 minutes for the earliest and latest trains). Standard fares are £21.50 single and £29.50 for return. **Journey time is 45 minutes** and trains terminate at Liverpool Street station.

▪ ***Bus and Coach Services***

<http://www.stanstedairport.com/transport-and-directions/buses-and-coaches>

❖ **From Luton**

▪ ***First Capital Connect***

www.firstcapitalconnect.co.uk

A regular shuttle bus links the airport to Luton Airport Parkway train station in around five minutes. From there, First Capital Connect operates regular services to stations including King's Cross, Farringdon, London Bridge, Blackfriars, Charing Cross and Waterloo (for Conway Hall). Trains

run throughout the day and night and the journey time is approximately 1 hour. Fares start at £16.60.

- **Bus and Coach Services**
<http://www.london-luton.co.uk/en/content/2/123/by-bus---coach.html>

❖ From London City

- **Tube/Docklands Light Railway (DLR)**
London City Airport has its own station on the Docklands Light Railway (DLR) which easily connects to the tube system. Services run every seven to ten minutes. Fares on the DLR are the same as those on the Tube and Travelcards are accepted. There is no extra cost for travelling on the DLR if you connect to the tube without exiting at any station until the completion of your journey. Change to the Jubilee line at Canning town to continue to Waterloo (for Conway Hall).
- **Black Cabs (taxis)**
There are usually black cabs queuing for customers at London City Airport. The cost of the cab is metered and displayed inside the cab. A metered trip to/from Central London will cost about £30.

❖ From all airports

- **Airport Transfers and Minicabs**
Airport transfers are generally considerably cheaper than taking a black cab and can be booked online in advance. In most cases you will be met by the driver at the arrivals terminal. The cost ranges from between £30-65 depending on which airport you are travelling from. Use a search engine to find companies or try:
www.onlineairportcars.co.uk
www.airportscars.co.uk
www.britishairportcars.co.uk
www.unitedairportscars.co.uk
www.heathrowminicabs.com
www.timesairportcars.co.uk/bookings

❖ Useful Websites

- www.visitlondon.com/travel/airport/
- www.nationalrail.co.uk

V. LIVING IN LONDON

HOUSING

Conway Hall

51-55 Waterloo Road

London, SE1 8TX

Tel: 020 7928 1716

If dialed from the United States: 001-44-20-7928-1716

National Rail and Tube:

- **Waterloo (Jubilee, Northern and Bakerloo lines)**

MAP – building marked as pink on the map with the name ‘King’s College London’:

<http://maps.google.co.uk/maps?q=51->

[55+Waterloo+Road,+se1+8tx+London&hl=en&sl=51.507754,-](http://maps.google.co.uk/maps?q=51-55+Waterloo+Road,+se1+8tx+London&hl=en&sl=51.507754,-)

[0.120592&sspn=0.018484,0.038409&hnear=51+Waterloo+Rd,+London+Borough+of+Lambeth,+London+SE1,+United+Kingdom&t=m&z=16](http://maps.google.co.uk/maps?q=51-55+Waterloo+Road,+se1+8tx+London&hl=en&sl=51.507754,-0.120592&sspn=0.018484,0.038409&hnear=51+Waterloo+Rd,+London+Borough+of+Lambeth,+London+SE1,+United+Kingdom&t=m&z=16)

A number of single rooms are reserved for summer London participants in the university’s recently opened Conway Hall. Conway Hall is a listed building that was acquired and completely refurbished by the university in 2010. It is situated a twenty minute walk away from Suffolk Street on the south bank of the Thames close to Waterloo Station.

❖ **Cost**

Lodging in Conway Hall is \$1,800 per student.

❖ **Amenities**

Each student has his/her room furnished with a bed, chair, desk and wardrobe; bedding and towels are provided. The rooms are arranged in separate flats which have shared bathroom and kitchen facilities. The residence complies with current UK law regarding access for persons with disabilities. In addition, the student housing is monitored by the Notre Dame Facilities manager to ensure that it continues to comply with both disability and related health and safety requirements. Meals are not included in the price of the room as the accommodation is self-catering. There are a wide range of shops and restaurants nearby. The building is equipped with Wi-Fi.

❖ **Check-in/out**

Summer London participants residing in Conway Hall are able to check in on the weekend prior to the start of classes and must vacate their rooms immediately following the last day of examinations.

❖ **Internet Access**

See above information on page 8

PUBLIC TRANSPORTATION

www.tfl.gov.uk

England is well known for its highly efficient public transportation system. The following prices are for travel fares in 2012:

Tube & DLR

Zones (#)	Cash single fares	Oyster single fares Peak (off-peak)	Oyster daily price cap	1 Day Travelcard Anytime (off-peak)
1	£4.30	£2.00 (£2.00)	£7.00	£8.40 (£7.00)
1-2	£4.30	£2.70 (£2.00)	£7.00	£8.40 (£7.00)
1-3	£4.30	£3.10 (£2.60)	£7.70	£10.60 (£7.70)

Zones (#)	1 week Travelcard Adult (Student)	1 month Travelcard Adult (Student)
1	£29.20 (£24.40)	£112.20 (£78.40)
1-2	£29.20 (24.40)	£112.20 (£78.40)
1-3	£34.20 (£23.90)	£131.40 (£91.80)

Buses

Cash Single	Oyster pay as you go		Bus and Tram Passes		
	Pay as you go	Daily Price Cap	7 Day	Monthly	Annual
£2.30	£1.35	£4.20	£18.80	£72.20	£752

Please check the link above for more details on fares and further information on public transport in London.

Conway Hall is within walking distance of Notre Dame University and will take approximately 20 minutes.

Public transportation can be quite expensive in London so if you intend to use it on a daily basis it is advisable to purchase an Oyster Card. Oyster cards can be purchased upon arrival in London or from overseas agents before you come.

❖ Oyster Cards

The easiest way to move around London by train or bus is to use the 'Oyster' card. You can pick up a leaflet or buy a card at most underground (tube) stations. It is particularly flexible in that you can 'pay as you go', which means that you only pay for journeys you actually take (single fare rates will be capped once you reach a certain daily price) or you can buy multiple day passes, weekly and monthly tickets. It is also much cheaper than paying cash for individual journeys. Oyster Cards can be used on the tube, buses, and DLR. Please note that there is more than one type of Oyster Card and the 'Visitor's Oyster Card' is not necessarily the most appropriate as it only allows you to 'pay as you go' when you might prefer to buy a season ticket. The cost of a regular Oyster Card is £5.00 and will allow you to purchase weekly or monthly season tickets should this be preferable.

One additional benefit of Oyster is the ability to manage your account online. From your Oyster online account you can:

- Buy new tickets
- Renew your Oyster card or top up your cash balance at your nominated Tube station ticket gates
- Report your Oyster card lost
- View your current products including any cash balance that you use to pay for journeys as you go
- View your order history
- Update your personal details

❖ Discounted Railcards

▪ **Young Person's Railcard**

www.16-25railcard.co.uk

As the name suggests, you're eligible if you're aged 16-25! You can also apply if you're 26+ and in full time study. For just £28 you'll **save 1/3 on fares** throughout Great Britain for **12 whole months**.

▪ **Family & Friends Railcard**

www.familyandfriends-railcard.co.uk

As long as you travel with at least one child you can! And up to 4 adults and 4 kids can travel on the one Railcard. It costs just £28 and you get **1/3 off adult fares** and **60% off kids' fares** for a whole year.

📖 TRANSPORTATION TIPS

➤ **Use Buses!**

One cheaper transportation alternative is to use the buses, particularly using Oyster pay-as-you go. Buses are great way to avoid the hot and crowded tube as well as to see the city. Besides, riding on a double-decker bus is just plain

fun!

The tube closes around 12:30pm but **24-hour and Night buses** travel to various destinations throughout London.

➤ **Late Night? No Night Bus? Use “CABWISE”.**

Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.

❖ **Useful Resources**

▪ **Transport for London**

www.tfl.gov.uk

www.tfl.gov.uk/tickets/14416.aspx

▪ **24-Hour London Travel Information**

Phone: 0843 222 1234

Operator will provide you with the tube/bus/etc. route to anywhere you need to go in London!

▪ **Getting Around in London**

www.golondon.com

❖ **Helpful Translations**

English	American
single	one-way
return	round-trip
underground/tube	subway
subway	underground walkway
way out	exit
time table	schedule
lift	elevator

MOBILE PHONES & INTERNATIONAL CALLING

There are a variety of options for calling/texting domestically as well as calling internationally from London.

❖ **Skype**

When calling internationally, most students prefer to use Skype. Skype is a calling and messaging program that allows you to call another Skype user for free or a mobile or land-line at very low rates. Skype also offers a webcam feature. For more information and to download Skype, go to www.skype.com

❖ **Ekit**

This allows you to pay in advance for calling credit and then use any phone, via a system of codes, to make calls. This can be particularly useful as a cheap way to make international calls both from the UK and other European countries. It also works from public phones. For more information go to www.ekit.com

❖ **Mobile Phones**

You should check to see if your phone will work in the UK. Mobile phone networks used in the UK are GSM 900, GSM 1800 and 3G 2100. The United States CDMA network is not compatible. If your phone works in the UK you will have the option of using international roaming on your existing SIM card or purchasing a global or local (UK) SIM card. You will need to ensure international roaming is available and included in the package you have with your phone network provider. However, this may be an expensive way to use your phone. Accordingly, if you wish to take advantage of cheaper call rates, check that you will be able to use a different SIM card in your phone. Most phones are locked to a network so to enable the use of a global or local SIM you will need to get your phone unlocked. This is generally quick, inexpensive and is completely legal. If your phone is under warranty you should check if unlocking your phone will invalidate your warranty.

A variety of mobile phone companies are available in London. Each offers different features, depending on your needs.

- **Skype Phone** (available at 3 Store or Carphone Warehouse)
<http://threestore.three.co.uk/skype>
www.carphonewarehouse.com

The Skype Phone is a great option, particularly those for students who call internationally on a regular basis. While the phone itself is slightly more expensive, it allows you to call Skype users for free (just as you would if calling via Skype on the computer) and offers similar international rates.

- **O₂**
www.o2.co.uk
- **Orange**
www.orange.co.uk

- **3 Store**
www.three.co.uk
- **Vodafone**
www.vodafone.co.uk
- **T-Mobile**
www.t-mobile.co.uk
- **Phones 4 You**
www.phones4u.co.uk
Compare rates and services of all the major mobile phone retailers.
- **Asda**
www.asda-phones.co.uk
Possibly the cheapest 'pay as you go' for very low usage – no special offers or free credit offers available like other networks. Order a SIM pack online.
- **Tesco**
www.tesco.com/mobilenetwork
Free SIM packs can be ordered online. Very reasonable rates with special offers and free credit offers available.

SHOPPING

❖ Retail - Individual Stores

- **Harrod's**
www.harrods.com
Tube: Knightsbridge (Piccadilly Line)
Harrod's is arguably the most famous store in the world - which can trace its roots to a mere grocery shop on its present site back in 1849. With millions of items in stock, Harrod's certainly lives up to its motto of Omnia Omnibus Ubique (all things for all people, everywhere).
- **Primark**
www.primark.co.uk
Tube: Marble Arch (Central Line)
Primark offers lots of inexpensive (though not the best quality), items. Note: Due to the high demand, check-out lines can be extremely long. Give yourself plenty of time and avoid shopping here on weekends!
- **Argos**

www.argos.co.uk

Tube: Varies

Carries all sorts of items at discount prices. Shopping at Argos is a bit of a different experience because you select your items from a catalogue in-store and a sales representative retrieves them for you.

❖ Retail - Malls and Shopping Areas

- ***Oxford Street and Regents Street***

Tube: Bond, Oxford Circus, Piccadilly Circus (Central, Bakerloo, Piccadilly and Jubilee Lines)

Oxford Street is where you can find all the major large retail chains.

While quite an experience, novice buyers beware: Oxford Street is crazy with crowds of people 7 days/week, 365 days/year!

- ***London Trocadero***

www.londontrocadero.com

Tube: Piccadilly Circus (Piccadilly and Bakerloo Lines)

- ***Whitely's***

www.whiteleys.com

Tube: Bayswater or Queensway (District, Circle, or Central Lines)

- ***Bluewater***

www.bluewater.co.uk

Large award winning shopping mall, consisting of over 330 shops and more than 50 restaurants. Located around 20 miles from London (2 miles from the M25) it is possible to get there by car, train, bus or coach. The nearest station is Greenhithe. National Express runs daily services from London Victoria.

- ***Bicester Village***

www.bicestervillage.com

Discount prices in more than 100 chic designer and brand name boutiques have been drawing thrifty fashionistas to Bicester Village, a designer brand outlet mall ten miles from **Oxford**, for years. They've kept this wonderful place - where everything is at least 30 to 50 per cent off normal prices - almost a secret.

❖ Groceries

- ***Waitrose***

Top quality produce. The closest store is in the basement of John Lewis in Oxford Street.

- ***M&S***

Offers great food (including organic) and pre-made dinners at reasonable prices. A bit more expensive than Tesco or Spar, but worth the cost.

- **Tesco/Tesco Express**
Offer pre-made snacks and dinners at cheaper prices than M&S.
- **Spar**
Spar is a great option for cheap **Indian food**.

❖ Markets

- **Portobello Road**
www.portobelloroad.co.uk
Tube: Notting Hill Gate
Located in Notting Hill, Portobello Road is the world's largest antiques market. The market is open every Saturday and the shops are open six days per week.
- **Borough Market**
Tube: Borough or London Bridge
Open Thursday-Sunday, Borough Market is the oldest fruit and vegetable market in London. Even the Romans bought fresh produce from the gardens of Kent in this area because until the 19th century London Bridge was too narrow for carts to cross. Borough Market is the only fruit and vegetable wholesale market in its historic location. In the 21st century small retail traders joined who are selling their goods directly from the farm or from all parts of the world here. Many small traders show their specialties here.
- **Camden (Lock) Market & Camden Stables**
www.camdenlock.net
www.camdenlockmarket.com
Tube: Camden Town or Chalk Farm (Northern Line)
Set amongst former horse stables, Camden Lock, the original market of Camden Town, distinguishes itself from others by offering an individual and extensive range of high quality goods from designer clothes and accessories, to one-off pieces of art, food and furnishings.
- **Spitalfields Market**
www.spitalfields.org.uk
www.visitspitalfields.com
Tube: Liverpool St. Station (Central Line)
Spitalfields Market offers an eclectic array of goodies on offer. To get a real flavour, explore by foot to discover the different cuisines on offer, clothes, jewellery and lots more!
- **Covent Garden Market**

www.coventgardenmarket.co.uk

Tube: Covent Garden or Leicester Square (Piccadilly and Northern Lines)

DINING

Contrary to popular belief, London offers a variety of different foods from all over the world. However, dining out can be quite expensive. Below are some great food options close to the Law Centre:

❖ **Cheap Eats**

- **Café Canova**

A favorite hangout for all the London abroad students to grab a coffee or bite to eat between classes. The family that owns it is amazing and the food is delicious. Great place to stop by and grab lunch right by school on Whitcomb. Stop by **Orsini** next door for delicious sandwiches.

- **Tossed**

<http://www.tosseduk.com>

Get your daily dose of greens at Tossed. Like a Subway, for salads, you all are made to order. Soups also available.

- **Pizza Hut**

Meal Deals (from £12.99)

Lunch Buffet (pizza, pasta, salad, breadsticks - £5.99)

- **Nandos**

www.nandos.co.uk

Tasty (and spicy!) Portuguese classics (half-chicken and rice). Located around London; closest location to school is in Soho between Leicester Square and Tottenham Court Road.

- **Tortilla** (“Chipotle” London)

www.tortilla.co.uk

Tube: Angel

❖ **Pub Food**

- **Waxy’s**

www.waxyoconnors.co.uk

Harty food in a great atmosphere. A great place to go day or night. Be sure to try the traditional Irish stew. Located near Leicester Square.

❖ **Vegetarian**

- **Hummous Bros**

<http://www.hbros.co.uk/>

One of the most famous restaurants in London and very popular with London students (even the meat eaters in the group!). Make sure to check it out on Thanksgiving for their famous Turkey topping. Offers 10 pounds all you can eat on Sundays. For those die-hard fans, join the facebook group for free specials!

❖ **Indian/Pakistani/Middle Eastern**

- ***Imli***
<http://www.imli.co.uk/>
Delicious Indian tapas - across from Hummus Bros. Offers half off tasting menu on Sunday.
- ***Brick Lane (neighborhood)***
- ***East Ham (neighborhood)***
- ***Edgware Road (neighborhood)***
Tube: Edgware, Marble Arch (Central, District, Circle Lines)
Great area for Middle Eastern food. Fattoush, Lebanese restaurant near the Edgware Road Tube is recommended.
- **Tooting Broadway**
Check out Kebabish on Upper Tooting Road for amazing Pakistani food.

❖ **Asian**

- ***Mango Tree***
<http://www.mangotree.org.uk/>
A bit pricey, but good for a nice night out.
- ***Miso***
www.misonoodlebar.co.uk
Inexpensive noodle soups great for take-away back to school. Located in Haymarket

❖ **Spanish and Mexican**

- ***La Tasca***
www.latasca.co.uk
Restaurant offers a variety of Spanish style tapas. Better rates are available with meals for two. Also have discounted drink specials on Sangria every Friday.
- ***Café Pacifico***
<http://www.cafepacifico-laperla.com/>
Good Mexican food is hard to find, but this restaurant in Covent Garden is probably your best bet. Great atmosphere and always crowded.

❖ Italian

▪ **Spaghetti House**

www.spghettihouse.co.uk

A small chain with restaurants located in numerous locations near the University. Inexpensive.

▪ **Bella Italia**

www.bellaitalia.co.uk

A small chain with the closest restaurants to the University being in Irving Street and Leicester Square. Inexpensive.

❖ Dining Guides

The Good Food Guide, edited by Elizabeth Carter. A copy is available in the Law Library. Also see: www.thegoodfoodguide.co.uk

ENTERTAINMENT

❖ General Entertainment Guides

➤ *Time Out* Guides

Time Out guides come out once a week for £2.50 at any news stand but is also taken by the Law School library. The bulk of this publication is made up of a section called "This Week" which includes schedules and descriptions of just about everything going on in London that week. This is essential reading for anyone looking for good food in London. A copy can be found in the Law Library.

➤ Last Minute Travel & Entertainment

www.lastminute.com

➤ *Evening Standard* (local London paper)

www.thisisLondon.com

➤ General London Information

www.londonvisions.com

❖ Theatre

▪ **Musical Theatre (West End)**

Think of the West end as the Broadway of Europe. Located in Soho, just north of the Law Centre, come here to enjoy all your favorite shows!

There are a couple of ways to secure cheap seats at the top shows:

1. Line up at the Leicester Square half-price ticket booth, "TKTS". This is the ONLY shop from which you should buy discounted tickets! (Leicester Square Tube stop)
 2. Many theaters sell reduced-price student tickets the day of the performance.
- **Plays**
 - **The Mousetrap @ St. Martin's Theatre**
www.the-mousetrap.co.uk
 Tube: Leicester Square or Trafalgar Square (Northern or Piccadilly Lines)
 Agatha Christie's *The Mousetrap* is a famed murder mystery that is the longest running show, of any kind, anywhere in the world (56 years and counting!). As a result, student and discounted tickets are not available, but tickets start at around £16. Don't miss this timeless classic!
 - **Shakespeare at The Globe**
www.shakespeares-globe.org
 Tube: London Bridge, Monument, Canon Street, or Mansion House
 Come see Shakespeare as it was meant to be performed. The Globe Theatre and Exhibition is a unique international resource dedicated to the exploration of Shakespeare's work. The Globe Theatre is a faithful reconstruction of the open-air playhouse designed in 1599, where Shakespeare worked and for which he wrote many of his greatest plays. The theatre season runs from April to October with productions of the work of Shakespeare, his contemporaries and modern authors. Ticket prices start at only £5 (Yard, standing room only). Theatre tours are also available.
 - **Old Vic Theatre**
www.oldvictheatre.com
 Tube: Waterloo
 Old Vic Theatre offers a variety of both classic and new drama.
 - **Opera, Dance, Ballet**
 - **Royal Opera House**
www.roh.org.uk
 Tube: Covent Garden
 - **Sadler's Wells**
www.sadlerswells.com
 Tube: Angel
 - **Peacock Theatre**

www.sadlerswells.com

Tube: Holborn/ Temple

- **London Coliseum**

www.sadlerswells.com

Tube: Charing Cross

- **English National Opera**

www.eno.org

Tube: Charing Cross

- **Music, Dance, Visual Arts**

- **Southbank Centre**

www.southbankcentre.co.uk

Tube: Waterloo/ Embankment/ Charing Cross

Located on the south bank of the River Thames crossing at Golden Jubilee/ Hungerford Bridges (from Charing Cross/ Embankment stations).

A variety of theatre guides are available:

- *London Theater Guide*

www.londontheatre.co.uk

- *Official London Theater Guide*

www.officiallondontheatre.co.uk

❖ **Concerts**

- **O₂ Arena**

www.theo2.co.uk

The O₂ Arena host a variety of events. The complex consists of: (1) The O₂ Arena - A 20,000-capacity indoor pop, rock and sports arena; (2) Vue Cinema - A plus 11-screen multiplex cinema; (3) indigO₂ - A music venue hosting edge artists and bands; (4) The O₂ Bubble - A stunning exhibition centre; (5) Over 20 premier bars, restaurants and clubs in a 1km entertainment avenue encircling the arena. Check the website for the latest events.

❖ **Cinemas**

There are numerous movie theaters in London, most of which offer reduced student ticket prices during the week or for afternoon shows.

- **Prince Charles Cinema**

www.princecharlescinema.com

Tube: Leicester Square (Northern and Piccadilly Lines)

Shows older movies and independent films at discounted. Members receive further discounts. Free WiFi available in the cinema bar/coffee shop.

- **IMAX Cinema**

www.bfi.org.uk/whatson/imax

Tube: Waterloo

The Evening Standard and *Time Out* list the movie offerings in London.

- ❖ **Museums**

London boasts over 240 museums! The best thing about London museums are that almost all of them have periods when admission is **FREE**, while others offer student concession rates on admission.

FREE Museums	Other Museums
British Museum	Transport Museum
National Gallery	National Army Museum
National Portrait Gallery	Benjamin Franklin House
Tate Modern	Charles Dickens Museum
Tate Britain	Churchill Museum and Cabinet War Rooms
Sir John Soane's Museum	Freud Museum
Natural History and Science Museum	Sherlock Holmes Museum
Victoria Albert Museum	
Museum of London	
Imperial War Museum	
National Maritime Museum	

For more a more comprehensive list as well as more information on museum locations, rates, and hours of operation visit one of the following:

- http://en.wikipedia.org/wiki/List_of_museums_in_London
- <http://www.londontourist.org/museums.html>

- ❖ **Television/Movies**

Using any computer as a TV, whether using a PCTV card or equivalent or streaming from the internet while a programme is running simultaneously on air and online, requires a TV license. You do not need a license for archived downloadable material.

A selection of recommended sights for are as follows:

- www.watchtvsitcoms.com
- <http://quicksilverscreen.com>
- www.sidereel.com

- www.ovguide.com
- www.15alluc.org
- www.itv.com/catchup
- www.bbc.co.uk/iplayer
- www.channel4.com
- www.five.tv

Please note that **movies and TV programs should not be downloaded illegally from the internet. Law enforcement agencies regularly monitor illegal downloads. Any student caught illegally downloading music or video files from the internet over the London Law Centre internet network (as has happened in the past) will be in violation of Notre Dame's internet use policies and subject to repercussions.

❖ **Pubs and Clubs**

London offers its share of night entertainment. Pubs are usually open until 12:00am and Clubs may be open until the early hours of the morning. For information on the club scene look in *Time Out* or even the Hot Tickets section of the *Evening Standard* (free with Thursday paper).

Neighborhoods that have popular nightlife are: Soho, Camden, Vauxhall, and Fulham Broadway.

Pubs and Clubs that have been popular with students in the past include:

- **O'Neil's (Chinatown)** - "Backer London"
Missing the Backer? Check out O'Neils in Soho. A bit dirty and a bit younger crowd, but always a good time.
- **Waxy's & Waxy's Little Sister**
Fun Irish Pubs with unique atmosphere located across the street from each other in Soho next to O'Neils. Check out the drink elevator at Waxy's Little Sister and the "tree house" feel of Waxy's.
- **Guanabara**
Tube: Holborn (Central Line)
Brazilian Nightclub that has Capoeira dancers at 9pm, and Samba music all night. Also has great food. Beware, get there before 8pm to avoid the gigantic line.

❖ NIGHTLIFE TIP

Late Night? No Night Bus? Use "CABWISE". Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.

AROUND TOWN

❖ **Tours/Sightseeing**

- ***New London Walking Tours - FREE***

www.newlondon-tours.com; www.neweuropetours.eu

HIGHLY recommended by past students. Two London tours are offered: (1) Royal Tour and (2) Old City Tour. All tours are *FREE*; you simply tip as you wish at the end (Trust us, the tours are so good you'll *want* to tip generously!). The guides are very fun and tours educational and insightful. A great way to get a more in-depth, insider's view of the city. Also check out New Europe tours in other cities including Paris, Berlin, Munich, Amsterdam, and Edinburgh.

- ***Fat Tire Bike Tours***

www.fattirebiketourslondon.com

This bike tour is a unique way to see the city. Tour sites include Hyde Park, Buckingham Palace, Big Ben, Parliament, Westminster Abbey, Kensington Palace & Park, and more! Tours run every day between March and November, including twice per day from May to mid-August. Tour duration is 4 hours with a student price of £12.

- ***Thames River Cruises***

www.citycruises.com

Enjoy London from the Thames. London Eye River Cruises offers a unique 40 minute circular sightseeing cruise on the river Thames with fascinating live commentary presented by trained guides. Highlights include the Houses of Parliament, St. Paul's Cathedral and the Tower of London. City Cruises operates sightseeing cruises and evening dinner & dance cruises on London's River Thames all year round.

- ***London Eye***

www.londoneye.com

Night or day the London Eye offers spectacular views across London and its famous landmarks such as the Houses of Parliament, St. Paul's Cathedral and Westminster Abbey.

❖ **Sightseeing Tip**

- Upon arrival to London, take either (or both!) of the New London Walking Tours (FREE!) to acquaint yourself with the city. This will introduce to

you all the main sites which you can then visit later.

❖ Food & Drink

- ***Afternoon Tea at the Orangery, Kensington Palace***

www.hrp.org.uk/KensingtonPalace/CafesAndRestaurants.aspx

Tube: Queensway or Bayswater

One of the best places to go to experience traditional English afternoon tea. Tea packages start at about £20 but is well worth it for the experience and the quality and quantity of food. This is practically a meal in itself so don't eat beforehand! Also, the cheapest tea package, "The Orangery Tea" is sufficient, especially for first-timers. Make this a more semi-formal or a casual afternoon out. Enjoy! **(High Tea also available at Harrod's, the National Gallery, and the Ritz).**

- ***Vinopolis***

www.vinopolis.co.uk

Tube: London Bridge (Northern and Jubilee Lines)

Wine has been an important part of the lifestyle of this particular area of London for nearly 2,000 years. Built on ancient Roman foundations, the Vinopolis site is spread over three acres beneath the arches of a Victorian railway viaduct and dedicated to experiencing the pleasure of the world's wines, British beer, whiskey, absinthe, gin, and more. Some of the features of Vinopolis include tours of the site, self-guided tasting tours, masterclasses, the Majestic Winehouse, the Whiskey Exchange which offers an unprecedented whiskey selections, and four of the best restaurants and wine bars in the city.

❖ Recreation

- ***Queens Bowl & Skate***

www.queensiceandbowl.co.uk

Tube: Queensway or Bayswater (Central, District or Circle Lines)

Feeling left out of the South Bend Thursday Night Bowling? Start your own London team! Queens Bowl & Skate is London's only ice rink and bowling venue!

- ***Roller Disco***

www.rollerdisco.info

Tube: Vauxhall (Victoria Line)

Whip out your spandex and leg warmers for one of the most friendly and fun-packed nights in London, complete with the best seventies hits, funky house music and rare soul grooves. With its musically and visually kitsch/cool atmosphere and retro appeal, the Roller Disco is THE hotspot for clubbing on wheels.

❖ Other Notable Sites

- **Changing of the Guard at Buckingham Palace**

The men you will see in front of Buckingham Palace (and other locations) are not just ceremonial guards but also serving soldiers. While upholding the traditions of the past, they also perform duties throughout the world as professional soldiers and are known as some of the most elite and skilled soldiers in the British Army.

- **Buckingham Palace**

www.royal.gov.uk

Buckingham Palace serves as both the office and London residence of Her Majesty, The Queen, as well as the administrative headquarters of the Royal Household. It is one of the few working royal palaces remaining in the world today. Self guided audio tours of the Palace are available July-September with tickets priced at £16 for students.

- **Tower of London & Crown Jewels**

<http://www.hrp.org.uk>

It is no wonder that the Tower Of London is the nation's leading historic visitor attraction. This ancient fortress was founded by William the Conqueror and almost 1,000 years of British history have been played out within its walls. It was here that Anne Boleyn was executed and Guy Fawkes interrogated, Richard II and Elizabeth I incarcerated and the 'Princes in the Tower' disappeared without trace. The price of admission is £15.95.

- **Westminster Abbey**

<http://www.westminster-abbey.org>

Westminster Abbey is steeped in more than a thousand years of history. It has been the coronation church since 1066 and is the final resting place of seventeen monarchs. The Abbey offers a variety of events including tours, church services, concerts, and more. Check out the website for more details.

- **London Dungeon**

www.thedungeons.com

Tube: London Bridge (Jubilee and Northern Lines)

In the dark and dingy underbelly of the capital, the London Dungeon dwells, waiting to scare the life out of you and any willing visitors brave enough to cross the threshold! Tickets start around £14 for students.

<http://www.londontop100.co.uk/>

Check this web site for London's top sites and attractions and other numerous things to do. The current list actually consists of 138 items.

VI. RECOMMENDED READING

A selection of guides and history books is located in the London Law Library and Lounge.

❖ **Insights Into Being A Foreigner In England**

- *Brit-think - Ameri-think*, Jane Walmsley
- *Dictionary of Britain: An A to Z of the British Way of Life*, Adrian Room
- *Englishness*, Godfrey Smith
- *Living in London*, Junior League of London
- *New to the U.K.*, Genevieve Munzier; published by Routledge and Kegan Paul Ltd.
- *Notes From A Small Island*, Bill Bryson

❖ **Social and Political History**

- *Contemporary British Politics, An Introduction*, Bill Coxall and Lynton Robins
- *The Lives of the Kings and Queens of England*, edited by Antonia Fraser
- *A Social History of England*, Asa Briggs
- *The English*, Jeremy Paxman

❖ **London Information**

- www.talkingcities.co.uk/london_pages/london_main.htm.
- www.allinlondon.co.uk