# Birth Spacing and Sibling Outcomes 

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#### Abstract

This paper investigates the effect of the age difference between siblings (spacing) on educational achievement. We use a sample of women from the 1979 NLSY, matched to reading and math scores for their children from the NLSY79 Children and Young Adults Survey. OLS results suggest that greater spacing is positively associated with test scores for older siblings, but not for younger siblings. However, because we are concerned that spacing may be correlated with unobservable characteristics, we also use an instrumental variables strategy that exploits variation in spacing driven by miscarriages that occur between two live births. The IV results indicate that a one-year increase in spacing increases test scores for older siblings by about 0.17 standard deviations—an effect comparable to estimates of the effect of birth order. Especially close spacing (less than two years) decreases scores by 0.65 SD. These results are larger than the OLS estimates, suggesting that estimates that fail to account for the endogeneity of spacing may understate its benefits. For younger siblings, there appears to be no causal impact of spacing on test scores.


## I. Introduction

A large body of work in economics and other disciplines has found a relationship between family structure and children's outcomes. For example, children from larger families generally have lower educational attainment, lower IQ scores, worse employment outcomes, and are more likely to engage in risky behavior (Kessler 1991; Hanushek 1992; Steelman et al. 2002; Deschenes 2007; Black, Devereux and Salvanes 2010). A recent literature in economics has considered the effects of birth order and found that later-born children have lower educational attainment, receive less parental time investment, and in some cases have worse labor market outcomes (Black, Devereux, and Salvanes 2005; Price 2008). There is even evidence that the gender composition of one's siblings affects educational attainment, though results are mixed (Butcher and Case 1994; Kaestner 1997; Hauser and Kuo 1998; Dahl and Moretti 2008).

However, the age difference between siblings (spacing) has received much less attention in the economic literature-despite the fact that child spacing "may well be the most important aspect of fertility differentials in low-fertility societies" (Wineberg and McCarthy 1989). The research that exists in other fields has focused primarily on the effect of small gaps (less than two years), and on very early outcomes such as birth weight and infant mortality. In this paper, we investigate the effects of birth spacing on one important later-life outcome: academic achievement as measured by performance on the Peabody Individual Achievement Tests for math and reading. Our focus on later outcomes is especially valuable given that many of the possible effects of spacing (described more in Section II) would occur after birth, meaning that studies focusing on perinatal outcomes could find effects that differ from long-run effects.

Evidence of the effect of spacing on later outcomes would add to our understanding of the effects of family structure. In fact, some of the hypothesized mechanisms for birth order
effects, such as differential parental investments, could be mitigated by spacing (Zajonc 1976). Furthermore, unlike birth order, spacing is a matter over which parents might have some control. Empirical evidence of a causal effect of gap size on children's outcomes would be helpful for parents making decisions about the timing of their fertility. ${ }^{1}$

Additionally, policy makers in both developed and developing countries have advocated greater spacing between births as a means of improving maternal and infant health. For example, the Contra Costa County Health Services Department in California conducted a public health campaign in 2007, which encouraged greater spacing with the slogan "Just Us for Two Years" (Contra County Health Services 2007). Similarly, the United States Agency for International Development (USAID) has issued a policy brief stating that greater spacing is one of the best ways for women to achieve healthy pregnancies and safe births, citing evidence that "three to five saves lives" (USAID 2006). Programs informing women about the benefits of greater spacing have been implemented in countries including Nigeria, Zimbabwe, and Bangladesh (Olukoya 1986; Guilkey and Jayne 1997; Jamison et al. 2006). However, these policies may have unintended consequences (either positive or negative) if spacing affects outcomes beyond maternal and infant health. ${ }^{2}$

[^0]We begin by using OLS to estimate the relationship between spacing and academic achievement, using the sample of women with multiple children in the 1979 National Longitudinal Survey of Youth (NLSY79). We observe the spacing between each sibling pair, and match the data to detailed information about the siblings from the NLSY79 Children and Young Adults survey. We perform the analysis separately for the older and younger sibling in each pair. The OLS results indicate that longer gaps are associated with slightly better test scores for older children, while for younger children there is little relationship.

However, as Rosenzweig (1986) observes, estimation techniques that fail to account for within- and across-family heterogeneity in unobservable characteristics could produce biased estimates of the effects of birth spacing. Therefore, we also use an instrumental variables strategy to identify the causal effect of spacing on sibling outcomes. The identification strategy exploits variation in spacing driven by miscarriages that occur between two live births; there are several caveats to consider when using this instrument, which will be discussed in detail in Section V. We show that a miscarriage between siblings is associated with an increase in spacing of about eight months, and decreases the likelihood that the siblings are less than two years apart by 19 percentage points.

The results using miscarriages as an instrument indicate that an increase in spacing of one year increases reading scores for the older sibling by 0.17 standard deviations (SD). This effect is comparable to estimates of the effect of birth order on IQ scores and larger than estimates of the effect of decreasing family size by one. ${ }^{3}$ Spacing of less than two years decreases reading
that an Austrian policy that increased paternal leave from one to two years increased the likelihood that a woman had another child within three years by fifteen percent.
${ }^{3}$ Estimates of the effect of birth order on IQ scores range from 0.2 (Black, Devereaux, and
scores by 0.65 SD; estimates for math scores are similar. The two-stage least-squares (2SLS) results are much larger than those obtained by OLS, suggesting that estimates that fail to account for the endogeneity of spacing may understate its benefits. We find no evidence of an effect of spacing on test scores for younger siblings.

## II. Birth Spacing: Background

## A. Previous Research

Social scientists have long been interested in the effects of birth spacing. Much of the research in sociology is built on the confluence model presented by Zajonc and Markus (1975), in which family size and birth order influence the intellectual environment of a household. Zajonc (1976) argues that the effects of birth order "are mediated entirely by the age spacing between siblings" and that greater spacing between siblings can reverse the negative effects of birth order. The argument is that children born into families with older children are born into more favorable intellectual environments. In this model, larger gaps may also positively affect first-born children, who have more time to develop before the birth of an "intellectually immature" younger sibling. Empirical evidence is provided by Broman et al. (1975), who find that children born after longer intervals scored higher on the Stanford-Binet intelligence scale than those born after shorter intervals. However, Galbraith (1982) finds that sibling spacing was not related to intellectual development in a sample of college students.

Among economists, Rosenzweig (1986) develops a model of optimal child spacing in which spacing is an input into child quality. An important feature of the model is that the

Salvanes 2007) to 0.25 SD (Bjerkedal et al. 2007). Increasing family size by one through twins decreases IQ scores by about 0.08 SD (Black, Devereaux, and Salvanes 2010).
endowments of older children affect the optimal timing of subsequent births. Empirically, he finds that having a healthier firstborn child significantly increases the likelihood of a closely spaced second child. This finding is confirmed in Rosenzweig and Wolpin (1988), who also estimate the effects of spacing using a procedure that uses lagged characteristics of parents and children as instruments. They show that greater spacing increases birth weight for younger siblings, and the effects are larger than those estimated with seemingly unrelated regression or fixed effects techniques. ${ }^{4}$

Our paper builds on Rosenzweig and Wolpin in four ways. First, one might be concerned that lagged parental characteristics may be related to unobservable factors (such as parental tastes and abilities) that persist over time, which could affect the validity of their identification strategy. Here, we pursue a different identification strategy. Second, Rosenzweig and Wolpin’s study is based on a sample of 109 households from a village in Colombia; we have approximately 5,000 sibling pairs from a representative sample of the United States. Third, we focus on later outcomes, which may be valuable as many potential channels for a spacing effect would be realized after infancy. And finally, our strategy allows us to estimate the effect of spacing on older siblings, who are not considered by Rosenzweig and Wolpin.

## B. Potential Mechanisms

Birth spacing could affect child outcomes, including educational achievement, through a

[^1]number of channels. We now discuss several of these mechanisms, which we have organized into four broad categories.

## 1. Physiological Effects

There is substantial evidence in the medical literature linking both short (typically less than 18 months) and long (more than 5 years) inter-pregnancy intervals to adverse infant health outcomes. ${ }^{5}$ These include infant mortality, stillbirth, preterm delivery, and low birth weight. Smits and Essed (2001) and van Eijsden et al. (2008) suggest nutritional depletion—in particular folate—as a mechanism through which short spacing might affect birth outcomes. On the other hand, the "physiological regression hypothesis" proposes that after long intervals, women's reproductive capabilities regress (Zhu et al. 1999). There is also recent evidence linking spacing to conditions beyond the perinatal period. In a study of sibling pairs in California, Cheslack et al. (2011) estimate that second-born children conceived within 12 months of a previous birth have three times the odds of being diagnosed with autism than those conceived more than 36 months after a previous birth. ${ }^{6}$ If spacing affects infant health or child development, this could produce a link between spacing and other outcomes like test scores.

## 2. Parental Investments

Spacing may also affect parents' investments in their children. Price finds that parents spend significantly more time with first-born than second-born children, and this translates into less time spent reading to the younger child and lower reading test scores (Price 2008, 2010). Importantly, he shows that the birth order premium in both parental time and in test scores is

[^2]larger when spacing is greater. ${ }^{7}$ There is also evidence that financial constraints reduce parents’ economic investments in older children when children are closely-spaced, and that this results in lower high school completion and college attendance (Powell and Steelman 1993, 1995). Finally, spacing could affect the likelihood that a mother breastfeeds either the older or younger sibling.

## 3. Complementarities/Economies of Scale

The confluence model of Zajonc (1976) highlights ways in which children of different ages might be complements in the production of child quality. For example, he observes that older children may benefit from teaching younger children, the effect of which may increase with spacing. Spacing may in turn affect a younger child's receptiveness to an older siblingCicirelli (1973) finds that younger siblings were more likely to accept direction from a sibling that is 4 years older than one that is two years older. Having children closer together could also decrease the per child cost of certain inputs, both in terms of physical resources (e.g., sharing clothes and toys) and time intensive activities (e.g., reading to children) so that children benefit from tighter spacing. Jones (2011) uses immunization rates for children in Senegal to show that consumption of "club goods" for children is greater when the children in the house are close in age. Alternatively, sharing resources with a much younger, less mature, child may impede intellectual development of an older sibling or lead to sibling rivalries, in which case outcomes for an older sibling would be negatively correlated with spacing (Zajonc 1976). ${ }^{8}$

[^3]
## 4. Effects on Parents

Heckman and Walker (1990) consider the effects of female labor market outcomes on fertility timing and birth spacing and found that higher female wages led to delayed childbearing and greater spacing between children. Troske and Voicu (2009) show that women who delay the birth of a second child reduce their labor force participation by less than women with closelyspaced children, but are more likely to work part-time. If spacing affects women's labor force participation or earnings, these could in turn affect children's educational achievement by altering the time and financial resources of the household. The spacing of children might also affect parents' relationships with their children or with one another (Christensen 1968).

Note that some of the above channels would suggest a positive effect of spacing on test scores, while others suggest the opposite. Whether the effect is positive or negative on net is an empirical question, and the focus of this paper. Also, for some mechanisms (such as physiological effects in the prenatal period) the expected effect is different for the older and younger child in the pair. For this reason, we estimate results separately for each sibling. We briefly explore the relative importance of these channels in the discussion section below.

## III. Data

The data for this study come from the National Longitudinal Survey of Youth, 1979 (NLSY79). The NLSY79 is a nationally representative panel survey of 12,686 respondents, who were age 14 to 22 in 1979. For women in the sample, detailed fertility histories are available that include how many pregnancies each woman has had, the outcome of each pregnancy, and its

[^4]timing. For our study, we use women with at least two live births, since we are interested in the spacing between them. Each observation is a sibling pair, where the pair consists of siblings adjacent in birth order.

For each sibling pair, we observe the gap in days between their births. We limit the sample to gaps among the first five live births and to gaps under ten years, and to births before 2001 (since our child outcome measure is typically observed between the ages of 5 and 7). This gives us 5,010 observations from 3,070 mothers. ${ }^{9}$ Figure 1a shows the distribution of the gap for our sample, in integer months. The mean gap is 40.78 and the median is 34 . As a check on the reliability of the data in the NLSY79, we compare the data to information on sibling spacing obtained from the 1988 Natality Detail Files. This data set contains birth certificate information for virtually all children born in the United States in 1988, which is the mean year for our younger sibling sample in the NLSY79. We use information on the number of months since the mother's last live birth, for the 1,737,479 children with birth order two through five in the data and with fewer than 10 years since the previous birth. The distribution generated by the Natality data is shown in Figure 1b, and the two data sets generate remarkably similar results. In the Natality data, the mean gap is 40.76 and the median is also 34 . The null hypothesis that the means for the two samples are the same cannot be rejected ( $\mathrm{p}=0.47$ ).

In Table 1, we investigate the correlates of spacing for our sample. For column 1, we regress the time between siblings in months on characteristics of the older child and of the mother. In column 2, the dependent variable is a dummy equal to one if the siblings are less than two years apart. Not surprisingly, women who desire larger families have closer spacing. Women who are married at first birth have slightly smaller gaps in months, and women who

[^5]have never been divorced are less likely to have gaps under two years. Spacing decreases slightly with parity and increases with education (though non-monotonically). Child gender, race, age at first birth, and AFQT score are not statistically significant regressors.

After constructing the sibling pairs from the NLSY79, we link these observations to information on the siblings obtained from the NLSY79 Child and Young Adult Survey. This data set contains information on the children born to the women of the NLSY79, and allows us to observe outcomes such as test scores for the siblings in each pair. Children are matched to their mothers' fertility histories by unique mother identifiers. We will consider the effects of spacing for the older and younger child in the sibling pair separately.

Table 2 presents summary statistics for the siblings and sibling pairs. ${ }^{10}$ About $60 \%$ of our observations are for gaps between child one and two; 27\% are for gap 2-3; 10\% are for gap 3-4; and 3\% are for gap 4-5. Test scores are from the Peabody Individual Achievement Test (PIAT), which measures academic achievement of children ages 5 to 18 . We use the math and reading recognition tests, which consist of 100 multiple choice questions. ${ }^{11}$ Raw PIAT scores ranged from 1 to 84 in our data. Test scores are about 0.2 standard deviations better on average for older siblings, consistent with previous research on birth order (Black, Devereux and

[^6]Salvanes 2007). For all remaining results, test scores will be adjusted for the age at which the child took the test and standardized to have mean zero and standard deviation of one. ${ }^{12}$

The NLSY79 fertility histories also allow us to observe whether any pregnancy occurred between siblings that resulted in an outcome other than a live birth. The histories indicate the timing of the pregnancy, and whether the pregnancy ended in a live birth, miscarriage, stillbirth, or abortion. ${ }^{13}$ Out of our 5,010 sibling pairs, a miscarriage or stillbirth occurred between the siblings in 291 cases. The miscarriage data will be useful for our identification strategy, which we summarize in more detail in Section V below.

## IV. Estimation: OLS

We begin by estimating the effects of birth spacing on sibling outcomes using OLS. The

[^7]model to be estimated is:
$$
\text { Score }_{i s}=\beta_{0}+\text { gap }_{i} \beta_{1}+X_{s} \beta_{2}+Z_{i} \beta_{3}+u_{i s}
$$
where the subscript $i$ indexes a sibling pair and s indicates whether the variable describes the older or younger sibling of the pair. In all regressions, the effect of the gap is estimated separately for older and younger siblings. The dependent variable is the standardized, ageadjusted PIAT score in math or reading recognition. The variable $g a p_{i}$ is either a) the spacing between the births of the two siblings, in years; ${ }^{14}$ b) the log of spacing, in years; or c) a dummy variable indicating that the spacing was less than two years. ${ }^{15}$ We also consider specifications with a quadratic in spacing. The vector $X_{s}$ is a set of characteristics specific to child $s$ of the pair, including gender, race, birth order, and a set of year- and month-of-birth dummies. $Z_{i}$ is a vector of characteristics common to both children in the pair, and includes the mother's age at first birth, ideal number of children in 1979, marital history, highest degree obtained, and adjusted AFQT score; $u_{i s}$ is error. Estimates are weighted by NLSY child sampling weights. Because a mother with more than two children will have more than one sibling pair in the data set, standard errors are clustered by mother.
${ }^{14}$ We measure spacing as days between births, and convert it to years by dividing by 365 for
ease in interpretation.
${ }^{15}$ We choose a point of two years because it is interesting from a policy perspective; programs like those mentioned in the introduction typically advocate spacing of greater than two years. Also, as seen in Figure 1, the mode of the spacing distribution is about two years. We have produced both OLS and IV results using other measures, and results generally accord with intuition. For example, estimates of the effect of spacing under three years on test scores for older children are still negative but are smaller in magnitude and less precisely estimated.

OLS results for older siblings are presented in Table 3, with results for reading in Panel A and for math in Panel B. In the first column, the coefficient is from a simple regression of test score on the gap in years. The correlation is positive but small and statistically insignificant for both reading and math. However, in specification [2] with the above controls included, there is a small statistically significant relationship between spacing and math scores. A one-year increase in spacing is associated with an increase in scores of 0.0248 SD. The regressions with log or quadratic functional forms have slightly higher R-squared values, suggesting that the relationship might be non-linear; the level of spacing that maximizes predicted test scores is around six years. The coefficient on the dummy indicating spacing of less than two years is -0.07 for reading and -0.14 for math, indicating that especially close spacing has a strong negative association with academic achievement.

For the younger siblings, however, there is little association between spacing from the older sibling and test scores (Table 4). The raw correlation is negative for math, but the coefficient is smaller and statistically insignificant when controls are added. It does appear that spacing of less than two years is associated with lower math scores, but the effect is smaller than the effect for older children.

The results in this section show that longer spacing between siblings is associated with higher test scores, though primarily for older siblings. However, our results may be biased if spacing between siblings is correlated with unobservable characteristics of the mother or children. Rosenzweig (1986) and Rosenzweig and Wolpin (1988) show that unobserved heterogeneity across- and within-families biases OLS estimates of the effects of birth spacing on child outcomes. Rosenzweig (1986) finds that when parents have a child with a better endowment, they have the next birth sooner. In this case, OLS estimates of the effect of spacing
on the outcomes of the older child would be negatively biased, and may also be negatively biased for the younger child if outcomes are positively correlated across children. However, if families with larger gaps between children are more likely to have planned their births, and planning is correlated with better outcomes, OLS results would have a positive bias. These are just two plausible stories of omitted variable bias; there are likely others. In order to address this problem, we employ an identification strategy that uses miscarriages as exogenous factors that affect birth spacing.

## V. Miscarriages as an Instrumental Variable

A miscarriage is a pregnancy that is lost before the $20^{\text {th }}$ week of gestation. ${ }^{16}$ Ten to twenty percent of confirmed pregnancies—and as many as 50 percent of all conceptions-are thought to end in a miscarriage (ACOG 2002). We use miscarriages that occur between two live births as an instrument for birth spacing. The critical point for our estimation strategy is that a miscarriage between two siblings induces a delay in the birth of the younger child-the next live birth now occurs after the woman miscarries, conceives again, and gives birth. Estimates of average time to conception for women who conceived within one year of a miscarriage range from 17.35 weeks (Goldstein, Croughan, and Robertson 2002) to 23.2 weeks (Wyss, Biedermann, and Huch 1994). This would generally increase the average spacing between children by about 6 to 8 months, assuming a mean of around 8 weeks gestation at miscarriage.

[^8]Figure 2 shows the distribution of birth spacing for women who do and do not have a miscarriage between live births. In the miscarriage sample, the spacing distribution is shifted to the right, and the fraction of births spaced less than two years apart appears to be much lower. In the next section, we provide regression estimates of the effect of a miscarriage on birth spacing for our NLSY79 sample.

The 2SLS estimates below identify the effect of spacing on children's academic achievement, for cases where the spacing was affected by a miscarriage. Thus we are identifying the impact of increasing spacing by "accident," which may not be the same as the policy-relevant effect of increasing spacing by (for example) informing women of its benefits. However, we believe our results are still informative—particularly because we would expect that any effects of moving women away from their optimal timing by an accidental event would be negative, where we find positive effects below. We also note that for the younger child in a sibling pair, a miscarriage induces a change in spacing and a change in parents' age at the child's birth, and with our specification we cannot identify the effect of spacing independent of parental age. From a policy perspective, the combined effect is the one of interest, since any policy that increased spacing would automatically also increase parental age. Moreover, the few studies that consider the effects of maternal age for later born children typically find no association between maternal age and child educational outcomes (Gueorguieva 2001; López Turley 2003; Leigh and Gong 2010; Bradbury 2011). Nonetheless, we keep this in mind when interpreting our results for younger siblings.

Previous studies have used miscarriages as an instrument for the timing of first births. In this setting, Hotz, Mullin, and Sanders (1997) show that miscarriage is an appropriate instrumental variable for women who experience random miscarriages. They use this instrument
to explore the effect of teenage childbearing on teen mothers' outcomes. Building on this work, Hotz, McElroy, and Sanders (2005) use miscarriages to identify the effect of delayed childbearing on teenage mothers’ socioeconomic attainment. Miller (2011) uses biological fertility shocks, including miscarriage, to instrument for the age at which a woman bears her first child in her analysis of the effects of delayed childbearing on subsequent earnings. However, the use of this instrument is not without its challenges. We now address four significant threats to this identification strategy.

First, Lang and Ashcraft (2006) have criticized using miscarriage as an instrument because some miscarriages may prevent abortions that would have taken place (so that the miscarriages were "latent abortions"), while other miscarriages would have occurred in pregnancies that were aborted. However, we believe that this is less of a concern in our case, where all women have a live birth on either side of the miscarriage. This should mean that they are less likely to be latent abortion-types than women who miscarry in the first pregnancy. Among women in the NLSY79, only 3.3\% report having an abortion between their first and second live birth, while $7.9 \%$ of women report having an abortion in their first pregnancy. ${ }^{17}$

These numbers raise a second concern, however, which is that miscarriages are underreported in the NLSY79. Systematic misreporting of miscarriage among women who intentionally aborted would bias our estimates (Wilde, Batchelder, and Ellwood 2010). Using a similar sample of women with children in the NLSY79, Miller (2011) finds that miscarriage is unrelated to religious beliefs, a likely correlate of misreporting. We follow Hotz, Mullin, and Sanders (1997) and assume that underreporting of miscarriages is random with respect to child

[^9]outcomes; to the extent that women underreport miscarriages randomly, this would bias our estimates downward.

Third, the IV estimates would be invalid if miscarriages are correlated with unobservable characteristics of the mother or child. Chromosomal abnormality in the fetus is the most common reason for a miscarriage, accounting for over 50 percent of miscarriages in known pregnancies during the first 13 weeks (ACOG 2002; Cunningham et al. 2010). In most instances, the abnormality is a random occurrence and is not associated with higher risk of miscarrying in the future; we omit women with more than one miscarriage after her first live birth. There are known risk factors for miscarriage, including maternal age, multiple births, maternal illness or trauma, hormonal imbalances, and other reproductive issues (ACOG 2002; Cunningham, et al. 2010). Behaviors such as drug use, alcohol abuse, and smoking are also correlated with miscarriage, as are community-level risk factors (Fletcher and Wolfe 2009; Mullin 2005). ${ }^{18}$ Finally, women are more likely to miscarry after having a boy, possibly due to immune responses of the mother (Nielsen et al. 2008).

To explore the extent to which miscarriages might be associated with observable characteristics, Table 5 presents marginal effects from a probit regression of a dummy for a miscarriage between births on pre-determined characteristics of the mother and birth. ${ }^{19}$ The only

[^10]characteristics that appear to be associated with the risk of a later miscarriage are mother's race and indicators for gap 2-3 and gap 3-4. All other variables are statistically insignificant, and the null hypothesis that all covariates are jointly zero cannot be rejected $(\mathrm{p}=0.1505) .{ }^{20}$ Nevertheless, in all results below we add them as controls. As a robustness check, we have reproduced our 2SLS results omitting black women from the sample; the estimated coefficients are very similar but are less precisely estimated. ${ }^{21}$
estimates using this method. We have also added the miscarriage variable to our OLS regressions of the effects of spacing in Tables 3 and 4, and in all but one case (with $p=0.097$ ) we failed to reject the null hypothesis that miscarriages have no ceteris paribus effect on test scores at the $10 \%$ level.
${ }^{20}$ Miller (2011) conducts a similar exercise, in which she shows that a woman's characteristics at age 14 do not predict miscarriages in the first pregnancy. Because she has multiple instruments, she is also able to perform an over-identification test, and fails to reject the exogeneity of the miscarriage instrument. Hotz, McElroy, and Sanders (2005) find no statistically significant differences in measures of socioeconomic status or family background for their miscarriage and non-miscarriage samples, with the exception of higher family income for the latter.
${ }^{21}$ Related to the issue of nonrandom miscarriage is the concern that women who miscarry and go on to conceive again might be different from women who miscarry and stop, which could lead to selection bias. For example, women who miscarry and conceive again might have a stronger preference for children. We use information on the wantedness of live births, and show that women who have a miscarriage between live births were no more likely to say that their first child was wanted than women who never have a miscarriage-the means were 0.615 and 0.613 , respectively, and the p-value for the null hypothesis that the means are the same is 0.96 .

Finally, we are concerned that the miscarriage itself could have a direct effect on children's outcomes, in particular through its impact on the mother's mental and physical wellbeing. A number of studies show that women who experience a miscarriage are more likely to suffer from depression and anxiety (Armstrong 2002; Armstrong and Hutti 1998; Neugebauer et al. 1992). However, previous research also suggests that these symptoms decrease over time and usually disappear 12 months after a miscarriage (Thapar and Thapar 1992; Janssen et al. 1996; Hughes, Turton, and Evans 1999). Women who have a healthy pregnancy following a miscarriage or stillbirth might also be at decreased risk for depressive symptoms (Swanson 2000; Theut et al. 1989). Other evidence suggests that women are less attached to children born after a stillbirth, which could lead to later developmental problems (Hughes et al. 2001) but miscarrying appears to have no effect on investment in subsequent children (Armstrong 2002; Theut et al. 1992). ${ }^{22}$ Miscarriage might also have a direct effect on the development of the fetus in subsequent births. Swingle et al. (2009) find that women are at greater risk of having a preterm birth following a miscarriage, though Wyss, Biedermann, and Huch (1994) show that women who had already given birth to a child prior to a miscarriage are at lower risk of delivering

We also compare observable characteristics of women who have a miscarriage and no further children to those that have a subsequent birth, and find that the "stoppers" are more educated and have higher AFQT scores and incomes than those who continued. This would suggest that our sample with a miscarriage between live births is, if anything, negatively selected, which would bias us against finding a beneficial effect of spacing.
${ }^{22}$ Women in our sample were actually less likely to say that a child born after a miscarriage was wanted (which would again bias us against finding a beneficial effect of spacing), though the difference is statistically insignificant ( $\mathrm{p}=0.373$ ).
prematurely than those who had not previously given birth.
Importantly, the vast majority of the evidence on the effects of miscarriage would lead us to conclude that miscarriage would have, if anything, a negative effect on the well-being of the mother or her children. ${ }^{23}$ If that is the case we would expect our 2SLS estimates to be biased against finding a beneficial effect of spacing, which works in opposition to our findings below that increased spacing has positive effects on child outcomes.

## VI. Results

Table 6 shows the first-stage effect of miscarriage on our measures of spacing. We control for demographic characteristics of the mother, for child gender and birth order, and for year- and month-of-birth dummies. For older children, a miscarriage before the birth of the next child is associated with an increase in spacing of 0.68 years ( 8.12 months), or an increase of about $23 \%$ using the logged dependent variable. ${ }^{24}$ Miscarriage also decreases the likelihood that the spacing is under two years by 19 percentage points. This is a large change relative to the mean (0.26), which indicates that most women who would have had spacing of less than two years but miscarry are pushed past the two year mark by the event. For the sample of younger siblings, the estimated effect is slightly smaller and also statistically significant. The F-statistics

[^11]are well above 10 in all cases, alleviating concerns about a weak instrument.
The 2SLS results are in Table 7, with results for older siblings in Panel A. The effect of spacing in years is positive for both subjects, though marginally significant for math ( $\mathrm{p}=0.110$ ). For reading, the coefficient indicates that a one-year increase in spacing increases test scores by 0.173 SD. The estimated magnitude from the log specification is comparable; a $10 \%$ increase in spacing (which is about four months at the mean) increases scores by 0.05 SD. ${ }^{25}$ There is a large negative effect of spacing of less than two years on both math and reading scores. The coefficient for math scores is -0.58 (marginally significant with $\mathrm{p}=0.106$ ), and for reading is 0.65 ( $\mathrm{p}=0.077$ ). We find no statistically significant effects of spacing on test scores for younger siblings (Panel B). For both subjects and for all specifications, the coefficients are statistically insignificant and much smaller in magnitude than the results for older siblings.

While the OLS estimates in Table 3 also suggested a positive relationship between spacing and test scores for older siblings, the coefficients from the 2SLS specification are much larger. For example, the 2SLS estimate of the effect of an additional year of spacing is an order of magnitude larger than the comparable 2SLS estimate ( 0.1732 vs. 0.0136 ). The 2SLS estimate of the effect of spacing under two years is also much bigger ( -0.6481 vs. -0.0712 ). This suggests that the OLS results are biased downward, which is consistent with Rosenzweig's finding (1986) that when parents have a child with a better endowment, they have the next birth sooner. In results not shown here, we also find support for this claim-for example, when the older child has been admitted to the hospital before his or her first birthday, the time to the next birth is increased by about five months.

[^12]Given the economically meaningful differences in the coefficients, we believe there is convincing evidence that the 2SLS estimates should be the preferred estimates. However, the IV approach does have its weaknesses. First, the standard errors are large, which means that we would not able to detect smaller effects of spacing on test scores. Second, recall from our discussion in Section V that measurement error, selection bias, and the potential negative direct effect of a miscarriage would all bias our 2SLS estimates against finding a beneficial effect of spacing. Thus, we expect that we are underestimating the true effect. Last, for younger siblings we are not able to separate the effect of spacing from increased parental age-though the evidence suggests that parental age has little effect on achievement for later-born siblings.

## VII. Discussion

Recall from our discussion in Section II that the predicted effect of spacing on test scores is ambiguous. Our 2SLS results indicate that greater spacing increases academic achievement for older siblings; one potential explanation that would generate this result is that spacing allows parents to spend more time with older children. If this is the case, we might expect the benefits of spacing to be especially strong for first-born children, who reap the benefits of a longer period as an only child when spacing is large-as Price (2010) suggests. In Panel A of Table 8, we show 2SLS estimates of the effects of spacing in years, for first- and later-born older siblings. While we cannot reject that the coefficients are the same, the magnitudes are in fact larger for first-born children and are statistically insignificant for higher order births.

A related explanation is that greater spacing allows for greater financial investment in older children, so we might expect the benefit of spacing to be greater for families that are financially constrained (Powell and Steelman 1995). In Table 8 we also show results for
children from families above and below median family income for the sample. We find that the negative effects of close spacing for older siblings are in fact larger for the low-income group, and are not statistically significant for those with high incomes. However, an important caveat is that income may be endogenous to spacing (Troske and Voicu 2009). In Panel B, we show results analogous to those in Panel A but for younger siblings, and we continue to find no effect of spacing on test scores for younger siblings.

In Table 9, we explore the extent to which some of the mechanisms discussed in Section II might explain the benefits of spacing that we have observed for older children. The estimates in Table 9 are created using the same specification as in Table 7, but with measures of inputs into child quality as the dependent variable. For brevity, we show the results for the effect of spacing in years. Each column in Table 9 represents a separate regression. First, note that random variation in spacing should not affect the birth weight of the older child, and this is what we find. However, spacing does increase the probability that the mother reported reading to the child every day when the child was of preschool age. Likewise, the probability that there are more than ten books in the house is increased by spacing. Each year of spacing also results in a marginally significant decrease in the hours of television the child watched on weekdays as a preschooler. These results suggest that both time and financial investments in the older child may be increased by spacing. We find no effect of spacing on mother's work experience in the previous year or on the probability that the parents have ever been divorced.

Finally, the results in Table 7 showed that greater spacing increases mean test scores; one might also be interested in how spacing changes the test score distribution. To address this question, we use techniques developed by Abadie, Angrist, and Imbens (2002) and by Frölich and Melly (2010) for the estimation of quantile treatment effects (QTEs). We use miscarriages
as an instrument to estimate unconditional QTEs of spacing under two years. ${ }^{26}$ These results are in Table 10. First, for comparison, in Panel A we show the quantile analogs of the OLS results in Table 3. For older siblings, it appears that close spacing is associated with a downward shift in the test score distribution, particularly at lower quantiles. However, the QTE results in Panel B do not suggest this pattern-if anything, close spacing has the largest effect on the highest quantile. But our QTE estimates are imprecise; we conclude only that there is no evidence that the negative effects of close spacing are confined to any particular part of the distribution. ${ }^{27}$

## VIII. Conclusion

In this paper, we have examined the relationship between an important component of family structure—birth spacing—and academic achievement. Because we are concerned that unobserved within- and across-family heterogeneity might bias OLS estimates, we use miscarriages that occur between live births as an instrument for child spacing. We find a beneficial effect of spacing for older siblings, and the magnitude of the effect is much larger than

[^13]that estimated with OLS. A one-year increase in spacing improves reading scores for older children by 0.17 SD—an effect comparable to estimates of the effect of birth order, and three times the effect of increasing annual family income by $\$ 1,000$ (Dahl and Lochner 2010). Spacing of less than two years decreases scores by 0.65 SD. We find no effect of spacing on test scores for younger siblings.

This evidence of an effect of birth spacing on child outcomes is an important contribution to the literature on the effects of family structure. In particular, Price $(2008,2010)$ suggests that the birth order premium may be a result of differences in parental time investments. Our finding that spacing improves outcomes for older children is consistent with this hypothesis. We present some evidence that the benefits of spacing are greater for first-born children, and show that spacing increases the probability that the child was read to daily as a preschooler.

Further, our results indicate that spacing could be an important channel through which parents can improve child outcomes. We only find a beneficial effect of spacing on the academic achievement of older siblings, but since there is no evidence of a negative effect for younger siblings, parents may be able to improve outcomes for the former without harming the latter. As a matter of public policy, our findings suggest that programs that encourage greater inter-pregnancy intervals for health reasons could have unanticipated benefits. An important caveat is that our sample only included children in the United States; more research is required to determine whether spacing is a means to improve outcomes in developing or high-fertility societies.

Last, we have considered only one important outcome for children-academic achievement. The test with which achievement was assessed was typically administered between the ages of five and seven, so future work should consider whether these effects persist.

Also, as the children in the NLSY79 Child and Young Adult Survey age, we hope to be able to consider other outcomes like health, educational attainment, and the likelihood of engaging in risky behaviors. An additional question for future research is whether birth spacing affects the well-being of parents (beyond maternal health).

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Figure 1a: Distribution of Gap for NLSY79 Sample


Figure 1b: Distribution of Gap for Comparable 1988 Natality Detail File Sample


Samples are restricted to intervals less than 10 years, and to intervals through the fifth child. The NLSY sample has 5,010 observations, and the Natality sample has $1,737,479$ observations. For the NLSY sample, child weights are used. The mean and median for the two samples are 40.8 and 34 months, respectively, and the null hypothesis that the means are the same for the two samples cannot be rejected at the $10 \%$ level.

Figure 2: Distribution of Birth Spacing in NLSY79, by Miscarriage


Samples are restricted to intervals less than 10 years, and to intervals through the fifth child. There are 4,719 intervals with no miscarriage and 291 intervals with a miscarriage between the births. Kernel density estimates are shown.

Table 1: OLS Regressions of Spacing on Characteristics of Mother and Older Child

|  | Dependent Variable |  |
| :---: | :---: | :---: |
|  | Gap in Months | Gap < 2 Years |
| Older Child is Female | $\begin{gathered} 0.3946 \\ (0.7941) \end{gathered}$ | $\begin{gathered} -0.0048 \\ (0.0149) \end{gathered}$ |
| Hispanic | $\begin{gathered} 1.2458 \\ (1.2546) \end{gathered}$ | $\begin{gathered} 0.0360 \\ (0.0227) \end{gathered}$ |
| Black | $\begin{gathered} 1.4681 \\ (1.2362) \end{gathered}$ | $\begin{gathered} 0.0195 \\ (0.0222) \end{gathered}$ |
| Ideal Family Size in 1979 | $\begin{aligned} & -1.0240 \\ & (0.2892) \end{aligned}$ | $\begin{gathered} 0.0203 \\ (0.0059) \end{gathered}$ |
| Age at First birth | $\begin{gathered} 0.0000 \\ (0.0024) \end{gathered}$ | $\begin{gathered} 0.0000 \\ (0.0001) \end{gathered}$ |
| Age at First Birth^2 | $\begin{gathered} 0.0000 \\ (0.0000) \end{gathered}$ | $\begin{gathered} 0.0000 \\ (0.0000) \end{gathered}$ |
| Gap Between Child 2 and Child 3 | $\begin{aligned} & -0.1262 \\ & (1.0642) \end{aligned}$ | $\begin{gathered} 0.0290 \\ (0.0193) \end{gathered}$ |
| Gap Between Child 3 and Child 4 | $\begin{aligned} & -2.4387 \\ & (1.7008) \end{aligned}$ | $\begin{gathered} 0.0540 \\ (0.0332) \end{gathered}$ |
| Gap Between Child 4 and Child 5 | $\begin{aligned} & -6.8643 \\ & (2.5757) \end{aligned}$ | $\begin{gathered} 0.0555 \\ (0.0551) \end{gathered}$ |
| Never Divorced/Separated | $\begin{aligned} & -1.1443 \\ & (0.8710) \end{aligned}$ | $\begin{aligned} & -0.0393 \\ & (0.0169) \end{aligned}$ |
| Married at First Birth | $\begin{gathered} -2.0624 \\ (1.1847) \end{gathered}$ | $\begin{aligned} & -0.0065 \\ & (0.0213) \end{aligned}$ |
| High School Degree | $\begin{gathered} 2.6074 \\ (1.1747) \end{gathered}$ | $\begin{gathered} -0.0460 \\ (0.0218) \end{gathered}$ |
| College Degree | $\begin{gathered} 1.4634 \\ (1.6422) \end{gathered}$ | $\begin{gathered} -0.0634 \\ (0.0346) \end{gathered}$ |
| AFQT | $\begin{gathered} -0.0072 \\ (0.0193) \end{gathered}$ | $\begin{gathered} -0.0001 \\ (0.0004) \end{gathered}$ |
| Observations | 4,821 | 4,821 |
| R-squared | 0.0324 | 0.0397 |
| Dependent Variable Mean [Std. Dev.] | $\begin{gathered} 41.34 \\ {[23.97]} \end{gathered}$ | $\begin{array}{r} 0.2598 \\ {[.4386]} \end{array}$ |

Data are from the NLSY79, and each observation is a sibling pair. Results are from separate OLS regressions, where the dependent variable is either spacing in months or a dummy indicating spacing under 2 years. Regressions also include child month- and year-of-birth dummies. Child weights are used, and standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years.

Table 2: Summary Statistics for Children in Sample

|  | Older Sibling | Younger Sibling |
| :--- | :---: | :---: |
| Birth Year | 1985.39 | 1988.54 |
|  | $(5.75)$ | $(5.60)$ |
| Female | 0.4867 | 0.4841 |
|  | $(0.4999)$ | $(0.4998)$ |
| Hispanic | 0.0871 | 0.0817 |
|  | $(0.2820)$ | $(0.2739)$ |
| Black | 0.1916 | 0.1824 |
|  | $(0.3936)$ | $(0.3862)$ |
| Ideal Family Size in 1979 | 2.98 | 2.98 |
|  | $(1.28)$ | $(1.29)$ |
| Total Number of Children, by 2006 | 3.16 | 3.17 |
|  | $(1.19)$ | $(4.19)$ |
| Age of Mother at First Birth | 23.16 | 20.53 |
|  | $(5.04)$ | $(11.15)$ |
| PIAT Score, Reading | 23.26 | 19.03 |
| PIAT Score, Math | $(12.99)$ | $(10.19)$ |
| Gap Between Child 2 and Child 3 | 20.94 | 0.2705 |
| Gap Between Child 3 and Child 4 | $(11.73)$ | 0.0988 |
| Gap Between Child 4 and Child 5 | 0.2704 | 0.0290 |
| Observations | 0.1028 | 4,868 |
| Mean Years Between | 0.0288 |  |
| Median Years Between | 5,010 |  |
| Fraction <2 Years Apart |  | 3.40 |
| Miscarriage Between Siblings |  | $(1.97)$ |

Data are from the NLSY79 and the NLSY79 Child and Young Adult Survey. Each observation is a sibling pair. Standard deviations are in parentheses. Child weights are used, and the sample is restricted to intervals less than 10 years.

Table 3: OLS Estimates of Effect of Spacing on Test Scores of OLDER Siblings

| Spacing Measure: | [1] | [2] | [3] | [4] | [5] |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Gap in Years | $\begin{gathered} 0.0023 \\ (0.0096) \end{gathered}$ | $\begin{gathered} 0.0136 \\ (0.0086) \end{gathered}$ | $\begin{gathered} 0.0672 \\ (0.0327) \end{gathered}$ |  |  |
| Gap in Years ${ }^{2}$ |  |  | $\begin{gathered} -0.006 \\ (0.0034) \end{gathered}$ |  |  |
| $\ln$ (Gap in Years) |  |  |  | $\begin{gathered} 0.0615 \\ (0.0304) \end{gathered}$ |  |
| Gap $<2$ Years |  |  |  |  | $\begin{aligned} & -0.0712 \\ & (0.0408) \end{aligned}$ |
| R-squared | 0.0000 | 0.1932 | 0.1939 | 0.1936 | 0.1934 |
| Controls |  | X | x | x | x |
| Panel B: PIAT-Math |  |  |  |  |  |
| Spacing Measure: | [1] | [2] | [3] | [4] | [5] |
| Gap in Years | $\begin{gathered} 0.0075 \\ (0.0087) \end{gathered}$ | $\begin{gathered} 0.0248 \\ (0.0077) \end{gathered}$ | $\begin{gathered} 0.1029 \\ (0.0320) \end{gathered}$ |  |  |
| Gap in Years ${ }^{2}$ |  |  | $\begin{aligned} & -0.0087 \\ & (0.0033) \end{aligned}$ |  |  |
| $\ln$ (Gap in Years) |  |  |  | $\begin{gathered} 0.1074 \\ (0.0279) \end{gathered}$ |  |
| Gap $<2$ Years |  |  |  |  | $\begin{aligned} & -0.1375 \\ & (0.0388) \end{aligned}$ |
| R-squared | 0.0002 | 0.2117 | 0.2132 | 0.2129 | 0.2129 |
| Controls |  | X | x | x | X |

Each column is from a separate regression and gives the coefficient on the spacing measure for the indicated specification (where gaps in years are calculated as days/365). Each observation is a sibling pair, and child weights are used. The dependent variable is the age-adjusted, standardized test score in math or reading, for the older sibling in the pair. Additional controls include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years; there are 4,398 observations in each regression.

Table 4: OLS Estimates of Effect of Spacing on Test Scores of YOUNGER Siblings

| Spacing Measure: | [1] | [2] | [3] | [4] | [5] |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Gap in Years | $\begin{gathered} 0.0006 \\ (0.0092) \end{gathered}$ | $\begin{aligned} & -0.0079 \\ & (0.0102) \end{aligned}$ | $\begin{aligned} & -0.0445 \\ & (0.0328) \end{aligned}$ |  |  |
| Gap in Years ${ }^{2}$ |  |  | $\begin{gathered} 0.0041 \\ (0.0034) \end{gathered}$ |  |  |
| $\ln$ (Gap in Years) |  |  |  | $\begin{aligned} & -0.0339 \\ & (0.0350) \end{aligned}$ |  |
| Gap < 2 Years |  |  |  |  | $\begin{gathered} 0.0125 \\ (0.0436) \end{gathered}$ |
| R-squared | 0.0000 | 0.2024 | 0.2028 | 0.2025 | 0.2022 |
| Controls |  | x | x | x | x |
| Panel B: PIAT-Math |  |  |  |  |  |
| Spacing Measure: | [1] | [2] | [3] | [4] | [5] |
| Gap in Years | $\begin{aligned} & -0.0172 \\ & (0.0086) \end{aligned}$ | $\begin{gathered} -0.0066 \\ (0.0105) \end{gathered}$ | $\begin{gathered} 0.0265 \\ (0.0325) \end{gathered}$ |  |  |
| Gap in Years ${ }^{2}$ |  |  | $\begin{gathered} -0.0037 \\ (0.0035) \end{gathered}$ |  |  |
| $\ln$ (Gap in Years) |  |  |  | $\begin{gathered} 0.0025 \\ (0.0351) \end{gathered}$ |  |
| Gap $<2$ Years |  |  |  |  | $\begin{aligned} & -0.0884 \\ & (0.0404) \end{aligned}$ |
| R-squared | 0.0012 | 0.2254 | 0.2257 | 0.2253 | 0.2267 |
| Controls |  | X | X | X | X |

Each column is from a separate regression and gives the coefficient on the spacing measure for the indicated specification (where gaps in years are calculated as days/365). Each observation is a sibling pair, and child weights are used. The dependent variable is the age-adjusted, standardized test score in math or reading, for the younger sibling in the pair. Additional controls include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years; there are 4,074 observations in each regression.

Table 5: Marginal Effects from a Probit Regression of Miscarriage on Pre-Characteristics

| Older Child is Female | -0.0618 |
| :--- | :---: |
|  | $(0.0705)$ |
| Hispanic | -0.0708 |
|  | $(0.0959)$ |
| Black | $-0.1995^{*}$ |
|  | $(0.0959)$ |
| Age at First birth | 0.0001 |
|  | $(0.0002)$ |
| Age at First Birth^2 | 0.0000 |
|  | $(0.0000)$ |
| Gap Between Child 2 and Child 3 | $-0.2571^{*}$ |
|  | $(0.0922)$ |
| Gap Between Child 3 and Child 4 | $-0.3516^{*}$ |
|  | $(0.1467)$ |
| Gap Between Child 4 and Child 5 | -0.1535 |
|  | $(0.2172)$ |
| Married at First Birth | -0.1092 |
|  | $(0.0891)$ |
| High School Degree | 0.0395 |
| College Degree | $(0.0934)$ |
|  | -0.0798 |
| AFQT | $(0.1511)$ |
| Older Child's Birth Weight | 0.0006 |
| (ounces) | $(0.0018)$ |
| Observations | -0.0007 |
| Pseudo R-squared | $(0.0017)$ |
| Wald Chi-squared | 4,608 |
| p-value for Wald | 0.0206 |
| Mean Miscarriages | 31.11 |
| Std. Dev. | 0.1505 |
|  | 0.0634 |
|  | $(0.2438)$ |

* Denotes significance at $5 \%$. Results are marginal effects from a probit regression where the dependent variable is equal to one if the mother miscarried between the births and zero otherwise. Each observation is a sibling pair, and child weights are used. Child month- and year-of-birth dummies are also included. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years.

Table 6: First Stage Estimates of Effect of Miscarriage on Spacing
Panel A: Older Siblings

|  | Dependent Variable |  |  |
| :--- | :---: | :---: | :---: |
|  | Gap in Years | $\ln$ (Gap in Years) | Gap <2 Years |
| Miscarriage $=1$ | 0.6769 | 0.2333 | -0.1858 |
|  | $(0.1273)$ | $(0.0320)$ | $(0.0219)$ |
| F-Statistic | 28.26 | 53.12 | 71.85 |
| Dep. Variable Mean | 3.40 | 1.07 | 0.26 |

Panel B: Younger Siblings

|  | Dependent Variable |  |  |
| :--- | :---: | :---: | :---: |
|  | Gap in Years | $\ln$ (Gap in Years) | Gap <2 Years |
| Miscarriage $=1$ | 0.6263 | 0.2114 | -0.1598 |
|  | $(0.1190)$ | $(0.0309)$ | $(0.0233)$ |
| F-Statistic | 27.71 | 46.93 | 46.85 |
| Dep. Variable Mean | 41.74 | 3.57 | 0.26 |

Each entry is from a separate regression and gives the coefficient on the indicator for miscarriage, where the dependent variable is the indicated measure of spacing (gaps in years are calculated as days/365). Each observation is a sibling pair, and child weights are used. Additional controls include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years; there are 4,821 observations in the older sample and 4,683 in the younger sample.

Table 7: 2SLS Estimates of Effect of Birth Spacing on Test Scores
Panel A: Older Siblings

| Spacing Measure: | PIAT-Reading |  |  | PIAT-Math |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gap in Years | $\ln$ (Gap in Years) | Gap <2 Years | Gap in Years | $\ln$ (Gap in Years) | Gap <2 Years |
| Coefficient (std. error) | $\begin{gathered} 0.1732 \\ (0.1044) \end{gathered}$ | $\begin{gathered} 0.5056 \\ (0.2946) \end{gathered}$ | $\begin{gathered} -0.6481 \\ (0.3665) \end{gathered}$ | $\begin{gathered} 0.1552 \\ (0.1003) \end{gathered}$ | $\begin{gathered} 0.4529 \\ (0.2859) \end{gathered}$ | $\begin{aligned} & -0.5808 \\ & (0.3597) \end{aligned}$ |
| R-squared | 0.1040 | 0.1367 | 0.1350 | 0.1501 | 0.1772 | 0.1772 |

Panel B: Younger Siblings

|  | PIAT-Reading |  |  |  | PIAT-Math |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Spacing Measure: | Gap in Years | $\ln$ (Gap in Years) | Gap $<2$ Years |  | Gap in Years | $\ln$ (Gap in Years) | Gap $<2$ Years |
| Coefficient | 0.0211 | 0.0647 | -0.089 |  | -0.0613 | -0.1875 | 0.2587 |
| (std. error) | $(0.1176)$ | $(0.3595)$ | $(0.4956)$ |  | $(0.1066)$ | $(0.3265)$ | $(0.4532)$ |
| R-squared | 0.1998 | 0.1999 | 0.2001 |  | 0.2173 | 0.2170 | 0.2055 |

Each entry is from a separate 2SLS regression and gives the coefficient on the indicated measure of spacing (gaps in years are calculated as days/365), where miscarriage is used as an instrument. The dependent variable is the age-adjusted, standardized test score. Each observation is a sibling pair, and child weights are used. Additional controls include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years; there are 4,821 observations in the older sample and 4,683 in the younger sample.

Table 8: 2SLS Estimates of Effect of Birth Spacing in Years, for Selected Subsamples

Panel A: Older Siblings

|  | Sample |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | First-Born | Later-Born | Below-Median <br> Income | Above-Median <br> Income |
| PIAT-Reading | 0.2221 | 0.1131 | 0.2817 | 0.0297 |
|  | $(0.1305)$ | $(0.1687)$ | $(0.1300)$ | $(0.1645)$ |
|  | 2,631 | 1,767 | 2,110 | 2,057 |
| PIAT-Math | 0.2201 | 0.0335 | 0.2221 | 0.0779 |
|  | $(0.1254)$ | $(0.1449)$ | $(0.1189)$ | $(0.1757)$ |
|  | 2,637 | 1,766 | 2,112 | 2,060 |

Panel B: Younger Siblings

|  | Sample |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Second-Born | Later-Born | Below-Median <br> Income | Above-Median <br> Income |
| PIAT-Reading | 0.1383 | -0.1230 | 0.0619 | -0.0775 |
|  | $(0.1694)$ | $(0.1403)$ | $(0.1304)$ | $(0.1573)$ |
|  | 2,434 | 1,640 | 1,965 | 1,909 |
| PIAT-Math | -0.0724 | -0.0417 | 0.0232 | -0.2014 |
|  | $(0.1646)$ | $(0.1287)$ | $(0.1233)$ | $(0.1388)$ |
|  | 2,433 | 1,640 | 1,962 | 1,911 |

Each entry is from a separate 2SLS regression for the indicated sample, where miscarriage is used as an instrument for spacing under two years. See text for details on how median income is calculated. The dependent variable is the age-adjusted, standardized test score. Each observation is a sibling pair, and child weights are used. Additional controls include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Standard errors are clustered by mother (in parentheses); number of observations is given below the standard error. Sample is restricted to intervals under 10 years.

Table 9: 2SLS Estimates of Effect of Spacing on Inputs into Child Quality for the Older Child

|  | Dependent Variable |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Birthweight <br> $(\mathrm{oz})$ | Read to <br> Every Day <br> (Age 3-5) | Hours of <br> TV/Weekday <br> (Age 3-5) | $>10$ Books in <br> Household | Mother's <br> Experience <br> (Weeks) | Parents Never <br> Divorced |
| Gap in Years | -0.44 | 0.1308 | -0.3761 | 0.0728 | 7.41 | 0.0248 |
|  | $(1.89)$ | $(0.0744)$ | $(0.2369)$ | $(0.0293)$ | $(15.56)$ | $(0.0489)$ |
| Mean of Dep. Var. | 118.07 | 0.3894 | 1.6870 | 0.8695 | 368.17 | 0.5635 |
| [Std. Dev.] | $[20.01]$ | $[0.4877]$ | $[2.8013]$ | $[0.3369]$ | $[290.55]$ | $[0.4960]$ |
| Observations | 4,608 | 3,410 | 4,798 | 3,409 | 4,821 | 4,821 |

Each entry is from a separate 2SLS regression where the dependent variable is the given measure of child inputs. The spacing measure is the gap in years, calculated as days/365. All regressions include child gender and mother's race, age at first birth, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-of-birth dummies. Each observation is a sibling pair, and child weights are used. Standard errors are clustered by mother (in parentheses). Sample is restricted to intervals under 10 years.

Table 10: Estimates of Effect of Spacing on Test Score Distribution
Panel A: Quantile Regression and OLS Estimates

|  |  | Quantile |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | OLS | 0.1 | 0.25 | 0.5 | 0.75 | 0.9 |
| Older Sibling |  |  |  |  |  |  |
| PIAT-Reading | -0.0971 | -0.1616 | -0.1244 | -0.0501 | -0.0743 | -0.0999 |
|  | $(0.0318)$ | $(0.0585)$ | $(0.0412)$ | $(0.0308)$ | $(0.0494)$ | $(0.1037)$ |
| PIAT-Math | -0.146 | -0.2399 | -0.1378 | -0.1326 | -0.0716 | -0.1379 |
|  | $(0.0309)$ | $(0.0519)$ | $(0.0420)$ | $(0.0425)$ | $(0.0507)$ | $(0.0886)$ |
| Younger Sibling |  |  |  |  |  |  |
| PIAT-Reading | -0.0090 | 0.0000 | 0.0131 | 0.1244 | 0.0372 | 0.1244 |
|  | $(0.0308)$ | $(0.0557)$ | $(0.0474)$ | $(0.0381)$ | $(0.0524)$ | $(0.1395)$ |
| PIAT-Math | -0.0895 | 0.0000 | -0.0716 | -0.1021 | -0.1021 | -0.0308 |
|  | $(0.0320)$ | $(0.0553)$ | $(0.0476)$ | $(0.0458)$ | $(0.0611)$ | $(0.0850)$ |

Panel B: Quantile Treatment Effects and 2SLS Estimates

|  |  | Quantile |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2SLS | 0.1 | 0.25 | 0.5 | 0.75 | 0.9 |
| Older Sibling |  |  |  |  |  |  |
| PIAT-Reading | -0.7248 | -0.6351 | -0.5850 | -0.4606 | -0.5720 | -1.0697 |
|  | $(0.3035)$ | $(0.8274)$ | $(0.4372)$ | $(0.5745)$ | $(0.7780)$ | $(1.5540)$ |
| PIAT-Math | -0.7153 | -0.6479 | -0.5208 | -0.5463 | -0.6534 | -0.7963 |
|  | $(0.2935)$ | $(0.8336)$ | $(0.5733)$ | $(0.5428)$ | $(0.6822)$ | $(0.7906)$ |
| Younger Sibling |  |  |  |  |  |  |
| PIAT-Reading | 0.0133 | -0.2117 | -0.1745 | -0.0873 | -0.0371 | -0.1374 |
|  | $(0.3007)$ | $(0.4431)$ | $(0.4812)$ | $(0.3135)$ | $(0.5432)$ | $(0.9609)$ |
| PIAT-Math | 0.1659 | -0.1378 | -0.1378 | -0.1378 | -0.1021 | -0.1684 |
|  | $(0.3162)$ | $(0.6404)$ | $(0.4046)$ | $(0.4273)$ | $(0.5113)$ | $(0.8862)$ |

Results in Panel A are from quantile regressions; results in Panel B are estimates of unconditional quantile treatment effects (following Frölich and Melly (2010)), where miscarriage is used as an instrument for spacing. Each entry is the coefficient on an indicator for spacing under two years. The dependent variable is the age-adjusted, standardized test score. Each observation is a sibling pair. Additional controls include child gender and mother's race, age, education, ideal family size in 1979, marital status, AFQT score, and child month- and year-ofbirth dummies. Standard errors are in parentheses. Sample is restricted to intervals under 10 years. For older siblings, there are 4,403 observations for math and 4,398 for reading; for younger, there are 4,073 for math and 4,074 for reading.


[^0]:    ${ }^{1}$ Referring to birth spacing, Christensen (1968) notes that "Parents and prospective parents debate these questions, while at the same time being exposed to advice from physicians and varieties of child specialists. Obstetricians, with a primary concern for the mother's health, tend to recommend spacing intervals of from two to three years. Pediatricians and child development specialists look more toward what is best for the health and development of the offspring, but their counsel with reference to spacing seems less consistent."
    ${ }^{2}$ Other policies may affect spacing indirectly; for example, Lalive and Zwiemüller (2005) show

[^1]:    ${ }^{4}$ In other work in economics, Bhalotra and van Soest (2008) and DaVanzo et al. (2008) consider the effects of birth intervals on infant mortality in India and Bangladesh, respectively. Blalotra and van Soest estimate a structural model while DaVanzo et al. estimate a hazard model with controls for family characteristics. Both studies suggest that greater spacing reduces infant mortality.

[^2]:    ${ }^{5}$ See Conde-Agudelo, Rosas-Bermudez, and Kafury-Goeta (2006) for a meta-analysis.
    ${ }^{6}$ The authors note, however, that this could be driven by social as well as physiological factors.

[^3]:    ${ }^{7}$ Price estimates that first-born children receive about 3,000 more hours of parental time on average than second-born children between the ages of 4 and 13 (2008), and the gap increases by about $25 \%$ with each year of spacing (2010).
    ${ }^{8}$ Note that much of the conventional wisdom regarding spacing falls into this category. For example, some advise that it is best to "have everyone in diapers at the same time" (economies of

[^4]:    scale); others recommend waiting until the first child is old enough to help (complementarities).

[^5]:    ${ }^{9}$ There were 252 observations with gaps over 10 years. We also exclude twins.

[^6]:    ${ }^{10}$ The number of observations is different for the two samples because test scores and other information are sometimes missing for the younger child. As long as the gap size can be observed we include these observations in the results for the older child. These differences in sample size contribute to small discrepancies in pair characteristics for the older and younger samples. The use of child-specific controls and weights also contributes to these differences. ${ }^{11}$ We also produced results using the PIAT reading comprehension scores; results were very similar to results for reading recognition and so we omit them for brevity.

[^7]:    ${ }^{12}$ Nearly 80 percent of the children in our sample took the PIAT for the first time between ages 5 and 7. To age-adjust the scores, we captured the residuals from a regression of scores on the age at which the child first took the exam. We then standardized the residuals.
    ${ }^{13}$ After 1992, individual pregnancy losses are not identified as miscarriages, stillbirths, or abortions. However, the NLSY79 does collect confidential abortion reports that are used to create variables indicating the total number of abortions a woman has had by each survey year. If a woman reports a single pregnancy loss since last interview and her total number of abortions increased by one, we know that the loss was due to an abortion; if the number of abortions is unchanged we classify it as a miscarriage/stillbirth. For a few women with an abortion and multiple losses, we cannot identify which pregnancies were abortions. Because we omit women with an abortion after the birth of the first child, this is not an issue for our sample.

[^8]:    ${ }^{16}$ More than 80 percent of miscarriages occur in the first 12 weeks of pregnancy (Cunningham et al., 2010). Pregnancies that end in a fetal death after 20 weeks are classified as stillbirths. In our sample, about 6\% of fetal deaths are stillbirths; these few stillbirths are counted as miscarriages for the purposes of estimation.

[^9]:    ${ }^{17}$ To further alleviate concerns that miscarriages are latent abortions, we have omitted women with an abortion after the first live birth.

[^10]:    ${ }^{18}$ We can control for alcohol use and smoking for a subset of our sample, and results are not affected by their inclusion.
    ${ }^{19}$ An alternative way to address concerns that miscarriages are correlated with unobservable characteristics across families is to include mother fixed effects in our specifications. However, this is only feasible for women with at least two gaps (or three children). Fewer than half of the women in our sample have more than two children, and we were unable to obtain precise

[^11]:    ${ }^{23}$ We know of only one study that has found a positive effect of past miscarriage on subsequent children. Todoroff and Shaw (2000) find evidence that women whose immediate past pregnancy ended in a miscarriage have a slightly lower risk of neural tube defect than those whose past pregnancy ended in a live birth.
    ${ }^{24}$ A $23.3 \%$ increase in spacing at the mean of 3.4 years would represent an increase of 0.79 years-comparable to the effects from the level specification.

[^12]:    ${ }^{25}$ Note that because we only have one instrument, we were unable to estimate a 2SLS specification with a quadratic functional form.

[^13]:    ${ }^{26}$ We used STATA's ivqte command to produce these estimates, and the command does not allow us to include child weights or to cluster the standard errors by mother. For comparability, the OLS and 2SLS results in Table 10 are calculated the same way; comparing these results to their analogs in Tables 3 and 7, it appears that these modifications have little effect.
    ${ }^{27}$ We also considered whether there might be heterogeneous treatment effects by estimating our results for certain subsamples (beyond those in Table 8). We find that the negative effects of close spacing are larger for children whose mother was not married to the same person for all births, though we are concerned that marital status is endogenous. We also find that the benefits of spacing for older children on reading scores were larger when the younger sibling was a boy.

