

Medical and Dental Expenses Generally Eligible for Reimbursement

(Source: IRS Tax Publication 502)

Under this Flexible Spending Plan, you may claim reimbursement for eligible medical, dental and vision expenses incurred for you and eligible dependents. These expenses include amounts paid for the diagnosis, cure, mitigation, treatment or prevention of disease affecting any part of the body, including treatment for mental conditions.

You Should Claim

- Fees for health services or supplies provided by physicians, surgeons, dentists, ophthalmologists, optometrists, chiropractors, podiatrists, psychiatrists, psychologists, or Christian Science practitioners;
- Acupuncture;
- Fees for hospital, ambulance, laboratory, surgical, obstetrical, diagnostic, dental and X-ray services;
- Costs incurred, including room and board, during treatment for alcohol or drug addiction at a hospital or treatment center;
- Special equipment, such as wheelchairs, special handicapped automotive controls, and special phone equipment for the deaf;
- Special items, such as dentures, contact lenses, eyeglasses, hearing aids, crutches, artificial limbs and guide dogs for the vision or hearing impaired;
- Transportation for needed medical therapy;
- Nursing services;
- Cost of legal abortions, vasectomies, hysterectomies and birth control;
- Non-elective cosmetic surgery;
- Rehabilitation expenses.

You Should NOT Claim

- Any items which will be paid for by insurance or for which you are reimbursed by insurance or any other health plan;
- Bottled water;
- Health club dues;
- Any illegal operation or treatment;
- Programs to control weight (unless the program is undertaken at a physician's direction to treat an existing illness, including obesity);
- Elective cosmetic surgery;
- Medical insurance premiums paid outside of your company by you or by your spouse at his or her place of employment;
- Nursing care for a normal, healthy baby;
- Maternity clothes;
- Burial expenses.

Refer to IRS publication 502 for a more complete listing of all eligible and ineligible expenses.