

SNACKS

Kids Love to Cook!

Dinosaur Dough

What child can resist a dinosaur sculpture they can eat!

Ingredients

10 refrigerated biscuits
Strawberry jam

Give children one unbaked refrigerated biscuit. Let them pinch off pieces of the biscuit and roll the dough into balls or strips. They can create their own dinosaurs on a paper plate lined with waxed paper. Transfer the dough carefully to a lightly greased cookie sheet, and bake according to directions. Watch carefully because thin parts brown quickly. After cooling, dip into strawberry jam and eat!
Makes 10 servings.



Apple Clowns

It's easy to turn apples into clown faces that are fun to eat!

Ingredients

1 apple
1 ice cream cone
1 Tbsp. frosting

Spread a small amount of frosting around the edge of an ice cream cone. Place the cone upside down on top of the apple to make a hat. Add small amounts of frosting to raisins, chocolate chips, and bits of marshmallows for the facial features. Makes 1 serving.

Ships Ahoy

Kids can help with the mashing and mixing.

Ingredients

6 hard cooked eggs
1/3 cup cottage cheese
1/4 tsp. salt
1/4 tsp. dry mustard
2 cheese slices

Cut eggs in half lengthwise. Mash the yolks, add the remaining ingredients, and mix well. Place the yolk mixture into the white halves. Cut cheese slices into 12 triangles. To make the sail, weave a toothpick through the piece of cheese and insert it into each egg. Makes 12 servings.

Raisin Energy Snack

This is a great take-along snack for field trips.

Ingredients

2 tsp. raisins
1 tsp. sunflower seeds
1 tsp. coconut
1 tsp. chocolate or carob chips

Let each child measure the ingredients into a bowl and mix all together. Transfer to a plastic sandwich bag. Makes 1 serving.