

## Academic Services for Student-Athletes

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### COUNSELORS

#### Team Orientation

Each Academic Counselor conducts an orientation meeting with his/her team(s) to familiarize student-athletes with the University and the demands of being a student-athlete. At these meetings, student-athletes are made aware of

- the philosophy, practices, and services of our Office and the University
- classroom protocol
- help that is available to improve study skills and time management techniques.

#### Meetings with Counselors

Counselors hold regular meetings with student-athletes to

- continue to educate student-athletes about our office and the University as a whole
- assess transition from high school, adjustment, progress, and overall academic, personal, and social well being
- monitor academic performance
- provide ancillary help with course selection and registration for upper-class students
- assist with all academic matters, focusing on completing a degree in four years
- develop plans to accomplish goals
- refer students to appropriate faculty, academic departments, and college advisors as needed
- provide summer session information.

#### Communication

Counselors in Academic Services communicate regularly with many people on campus in an effort to provide support for student-athletes. Information is routinely solicited from faculty regarding students' progress in classes. This feedback is discussed with the student-athletes and appropriate changes are made if needed. Counselors communicate freely with faculty and encourage the student-athletes to do the same.

Counselors communicate with departmental academic advisors and assistant deans in the various colleges. After students have met with advisors in their departments, we provide ancillary assistance in course selection and academic plans. We maintain a complete academic profile that includes transcripts, graduation progress chart, and NCAA eligibility.

Counselors in Academic Services communicate regularly with coaches, keeping them abreast of how their student-athletes are doing academically. Coaches are kept aware of any problems or successes that are encountered by the student-athlete. Often the coach's input is sought as the counselors work with students.

Counselors make sure that student-athletes know that they must be diligent in their practice of effective study skills, work toward their goals, and maintain a positive and open attitude toward studying and learning. We encourage students to use faculty and campus resources and help facilitate that behavior. We help them to make a strong commitment to achieving academic success.

**Note - The University of Notre Dame gives students the necessary tools and support to succeed. However, it is ultimately up to the student-athletes to make it happen.**